



# WOONONA high school

## *White Ribbon*



EXCELLENCE INNOVATION SUCCESS

# Newsletter

Issue No. 19

4 December 2017

PH: 4284 1513

[woonona-h.school@det.nsw.edu.au](mailto:woonona-h.school@det.nsw.edu.au)



## In this issue:

<i>Page 5</i>	White Ribbon Trivia
<i>Page 6</i>	International Day
<i>Page 7</i>	CAPA Camp
<i>Page 8</i>	The Great Race
<i>Page 9</i>	21st Century Learning
<i>Page 10</i>	Taiko Drumming Incursion
<i>Page 11</i>	Special Ed Fundraiser
<i>Page 11</i>	Colourful Art
<i>Page 12</i>	Deco Bento Boxes
<i>Page 13</i>	Peer Support
<i>Page 14</i>	Year 10 Work Experience
<i>Page 15</i>	Lego Robotics Competition
<i>Page 15</i>	Cheerleading Success
<i>Page 16</i>	Volunteer Awards
<i>Page 17</i>	Cupcakes and More



## This Month at WHS

Mon Dec 4—Fri Dec 8	Student Clearance Week
Mon 4 Dec	Peer Support Stanwell Tops
Tue 5 Dec	Year 6 Orientation Day
Thu 7 Dec	Presentation Evening
Mon 11 Dec	Farewell / Christmas Assembly
Tue 12 Dec	Variety Night
Wed 13 Dec	Music Excursion



*Excellence Innovation Success*



## International Day

Congratulations to Year 10 on planning, organising and hosting our first International Day at Woonona HS. The day was the culmination of an alternative self directed, independent Term 4 learning program. All students participating in the program developed their skills in design, collaboration, problem solving and event coordination. Congratulations to those staff who developed and delivered this teaching and learning initiative, a great success.



## Year 6 Orientation Day

On Tuesday 5<sup>th</sup> December we will welcome approximately 180 Year 6 students who will participate in our final transition day for 2017. Students have had the opportunity to visit WHS each term this year and on Tuesday they will again spend the day in classrooms and meet with their peer support mentors for the first 'lesson' of their peer support program.

Included in the 180 students will be students who have been offered and accepted a position into the second Autism class to be established at Woonona HS. In 2017 we have welcomed our first Autism class and we are delighted that there will be another class established in 2018, in fact we will have three dedicated classes forming out Learning Support Faculty in 2018.

## Sensory Garden Project

Mrs Rayner has been assisting senior Work Studies students throughout the year to research, design and source funding for the creation of a Sensory Garden for the benefit and use of all students but in particular those students in the Autism classes. The students have developed terrific concepts and have engaged in the process of creating an inclusive environment at WHS that is supportive and receptive to the needs of students. This week the students are continuing their fundraising efforts to support the creation of the garden by holding a car wash, BBQ, 100 club raffle and a jelly bean guessing competition. Congratulations to the senior students who are demonstrating great initiative and a wonderful sense of community.

## Rewards Excursion

Congratulations to all students who attained their gold merit certificate and attended the rewards excursion to Jamberoo Recreation Park on Friday 1<sup>st</sup> December, by all accounts it was a fantastic day thoroughly enjoyed by all who attended.

See more on our Facebook page this week.

## Christmas Giving Tree

Donations are slowly coming in for our 2017 Christmas Giving Tree. Can I again encourage all families to donate either non perishable foodstuff or an appropriate gift for a child. The SRC will continue to remind students at each Tuesday morning assembly, one donation from every student will collectively make a significant contribution.

# UNSTOPPABLE

WOONONA HIGH SCHOOL CAPA SHOWCASE  
VARIETY NIGHT 2017

7PM

TUE 12TH

DEC

TICKETS AVAILABLE AT THE DOOR:

\$5-KIDS \$10-ADULTS \$25-FAMILY OF 4

*Excellence Innovation Success*



# White Ribbon Trivia



On Thursday 23 November Year 7 and 8 students followed by Years 9 and 11 had the chance to take part in the White Ribbon Trivia Fundraiser.

Students had a great time at the fundraiser that had been organised for them by Ms Arazny and her Year 11 Skills for Work students. Mr Hoole hosted the event which included; name that theme song, a general knowledge quiz, pick the celebrity, a teacher / baby photo competition as well as a planking contest in which the students did brilliantly well and Ms Arazny (who is expecting her first baby in February) demonstrated her amazing style!

Mr Rayner addressed the students and reminded them of the important messages of White Ribbon – to stand up, speak out and act to stop domestic violence and abuse against women, and the importance of healthy relationships.

Ms Arazny thanked her Year 11 Skills for Work class for the huge effort they all put in to make the day a success and once again reiterated on the importance of positive friendships/relationships at school/home and in the community. At this point almost \$200 has been raised for this very worthy cause. Well done to everyone involved!



*Excellence Innovation Success*



# International Day

Over the past few weeks Year 10 have been working on a project based learning task which was called International Day. It was a day in which the school community came together to celebrate a diversity of cultures from around the world, through stalls put together by groups of year 10 students, from countries such as Greece, Aboriginal Australia, Jamaica, Japan, France, Denmark, England, Germany, Russia, Turkey, Scotland, USA, Portugal and Mexico.

Each stall consisted of a small number of Year 10 students who together researched the country of their choice, finding information about games, food and more. We not only learnt about the culture and diversity of the country but also the requirements of planning and running a market stall. Groups had to consider what food was needed to sell, resources needed to display items and profit margins to ensure that all costs were covered. Throughout the active learning process we enjoyed the freedom of choice and the ability to work with friends. Most groups were enthusiastic when making their costumes and dressing up to represent their country and show to the school community the diversity of different cultures. The teachers also dressed up which helped to make it fun.

The enjoyment from both the Year 10 students and the rest of the school community was an accomplishment in itself and the Year 10 body would like to thank all those involved from teachers, to students and all Year 10 peers that supplied support to ensure our success.

Maggie, Angel, Bronte and Phoebe



*Excellence Innovation Success*



# CAPA Camp



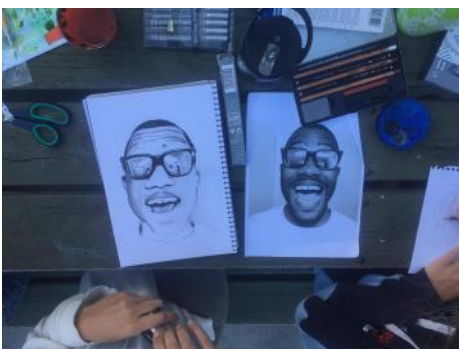
As part of the preparations for Woonona High School's 2017 Variety Night performance, titled 'Unstoppable', 65 Creative and Performing Arts students from Year 6 through to Year 12 travelled to Waterslea Youthworks Centre in Nowra for a 3 day camp to put most of the show items together.

Students were given the opportunity to contribute to the final production through art, photography, singing, dancing, circus, drama or band workshops in which they worked on numerous groups items. These workshops were also a time where students learnt and rehearsed the opening, finale and a capella songs with much enthusiasm, as everyone who attends camp performs together in these.

The theme for this year, 'Unstoppable', was the inspiration for the larger group items, with Ms R. Sharp coordinating the music, and Ms K. Sharp and Ms Steele working together to create the dance moves for each of these songs. Students were also given the opportunity to put together smaller group items that they worked on collaboratively throughout the three days, along with workshops where they could try out another area of interest in CAPA. A huge thank you to Ms R. Sharp for organising the camp and Ms K. Sharp, Ms Steele, Ms Bramley, Ms King, Mr Dudman, Ms Arnold and Mr Hoole for accompanying us. It was also wonderful to have several of our current Year 12 and ex students helping out, along with prac teacher Mr Brunton and band tutor Mr Lendrum (Lenny).

All the hard work put in throughout the camp will be on display for those who come along to Variety Night on Tuesday 12<sup>th</sup> December at 7pm, where the energy will be unstoppable – see the poster for details.

Phoebe Austin, Year 10



*Excellence Innovation Success*

## The Great Race

On Friday 24 November, Year 9 Commerce students had a great time taking part in the “Great Race”.

The class was divided into teams and each team was given a set amount of money and instructions to visit various locations around the school. At each point the team received an envelope with various options in it for investment, for example property and shares. The team then had to decide whether to invest or not and how much they would invest.

At the end of the race predictions of how well their investments performed were made, and the winning team, with the most money, will be announced next week.

Students are enjoyed this challenge immensely.



## Would You Like To Help Our School Community?

The Uniform Shop is currently looking for someone to join our team. They would be required Thursday mornings from 8am to 9.30am to help with uniform fittings and sales. This is an unpaid position but with a friendly and easy going team.

Term 1 and Term 4 are our busy times of the year, requiring extra helpers. We also do Year 7 fitting days, stocktake and unpacking deliveries. Term 2 and Term 3 are not so busy and there is an alternating roster with the other team members.

Heading into Term 4 it would be ideal for anyone interested to start asap, so they can become familiar with our stock and sizes available.

We would love to meet anyone that is keen to give some time to our school community.

Please contact the school and leave your details so we can arrange a time to introduce ourselves and answer any further questions you may have.

*Excellence Innovation Success*



# 21st Century Learning

Last week our Year 7 group travelled to Price Waterhouse Coopers at Barangaroo to see 21<sup>st</sup> century learning in the real world as part of the “Learn to Learn” program.

Students reflected on how spaces and technology will change the way we learn.

The students also had an indigenous cultural tour of Barangaroo where they learnt first hand how learning is best “hands on” and authentic.

Ms Matthews

Head Teacher English



*Excellence Innovation Success*



# Taiko Drumming Incursion

On Thursday 30 November, our Year 7 group along with Music elective class students and the primary school band members enjoyed the Taiko Drumming Incursion that had been organised for them by Language teacher Ms Lowe and Music teacher Ms Sharp. Taiko is an ancient Japanese form of percussion using large drums and the aim of the incursion was to allow students to experience Japanese culture and music.

Taiko playing is loud, hard and fast and students learnt the finer techniques of Taiko drumming, stance, movement and interaction with other players

By the end of the hour long lesson the students were able to keep the rhythm and choreographed movements typical of Taiko drumming. The sound and impact of the students performing was amazing.



*Excellence Innovation Success*



## Learning Support Faculty Fundraiser

On Saturday the 11<sup>th</sup> November Woonona High School ran a fundraiser night at Woonona Bowling Club to raise money for our expanding Learning Support Faculty.

The support by the community was so great that people were forced to stand up due to the extent of the crowd. The event included raffles and live music which included Woonona High School's music students, Riley Walker, Carla Baker, Ethan Johnson, Caitlyn Davies and Tyler Wade, who all performed at the event. Together these students earned over \$200 which they donated to further help the learning support in its events and activities.

The event was full of support and enjoyment. In total the event raised over \$5000 which will greatly help Woonona High School's learning support faculty next year.

Caitlyn Davies, Year 9



## Colourful Art

There are some budding artists amongst us! Last week students from our Special Ed Unit were enjoying being outdoors creating a very large, colourful art canvas which will eventually be framed and hung to enhance one of the areas around our school.

Students were very proud of their work and it will be exciting to see the finished product. Well done!



*Excellence Innovation Success*



# Deco Bento Boxes

Year 7 students enjoyed their Japanese language classes last week.

In class, the students made “deco bento boxes” from rice and an array of fresh fruit and vegetables which had been cut and sliced into intricate designs.

There were some great creations including panda bears, owls and other animals, names spelt out and some more traditional Japanese designs. From all accounts their creations were very tasty as well!

Ms Lowe

Language Teacher



*Excellence Innovation Success*



# Peer Support



On Wednesday 29 November and Thursday 30 November approximately 60 Year 9 students went to Woonona Surf Club to take part in Peer Support Training.

Some of the key concepts that the students learnt included team work, using effective communication and cooperation skills.

Next year during Term 1, Peer Support lessons will be held each week and these students (who will then be in Year 10) will become mentors and trainers of our younger students.



*Excellence Innovation Success*



# Year 10 Work Experience Week

We have had a very successful week of Work Experiences involving our Year 10 students in November.

With comments like: 'Absolutely Fantastic!' , ' Amazing! ', "Working beyond expectations." "Been an absolute pleasure to have", I was more than pleased with the attitude, the genuine work ethic that our students took to their workplaces. Certainly they did us proud and a credit to Woonona High.

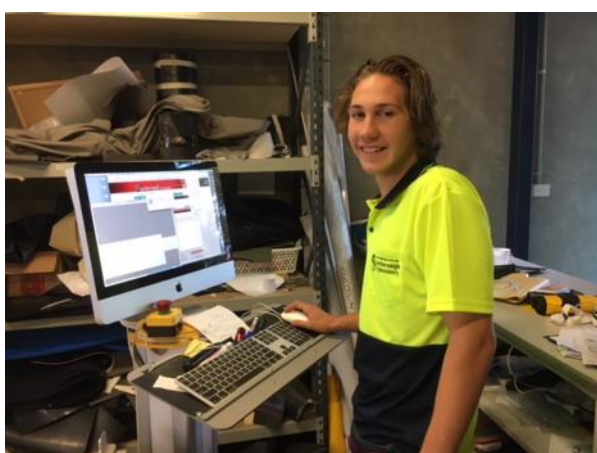
Here are some photographs of them on the job!



*"I learned that even overalls don't keep out the dirt when under a coach!" Sean Donnelly, after a day on the job at Shellharbour Coast Coaches ( Mechanic)*



*William Forrest – working hard with the guys at Beachline Plumbing.*



*Ethan Van Loo learning to use CAD at Scarborough Upholstery.*

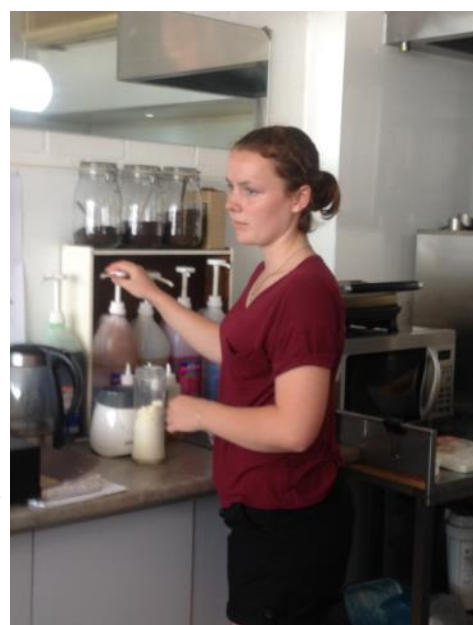
Congratulations to an excellent group of year ten students whom I have had the pleasure of working with this Term! Thanks to all the parents, and teachers for their help in organising and overseeing the students in their foray into the world of work. Hopefully many valuable lessons learned and even if it did not all go to plan, then information gained now can help pave their way to better decision making for their futures! All the best!

Mrs Margaret Crump.

Careers Adviser ( Relieving)

*Phoebe Austin concentrating and taking directions to make a lovely chocolate milkshake!*

*Coast Café Corrimal*



## *Excellence Innovation Success*



## The GONG Invaders

Woonona High School student Aiden Checklin is a member of "The Gong Invaders" robotics team which took out the Wollongong Regional FLL (FIRST LEGO League) tournament.

The team's victory at the UOW Innovation Campus and Science Centre on November 25 secured The Gong Invaders a spot in the National Championships. There were 30 FLL teams from across NSW who took part in the intense STEM competition in Wollongong.

Teams of children aged 9-16 presented original research, demonstrated their abilities to work as a team, and ran their robots.

There were 30 FLL teams from across NSW who took part in the intense STEM competition in Wollongong.

"This celebration of STEM learning was accompanied by music and dancing, with the referees and judges encouraging the students to new heights as they all worked to succeed right up until the closing ceremony," tournament director Andrew Clark said.

"All teams acquitted themselves exceptionally well, with overall scores being amongst the highest in the country."

The FIRST® LEGO® League involves over 25,000 teams around the world. In part students (aged 9-16) are required to build autonomous robots from LEGO® technology and conduct scientific research. Well done to Aiden and the team.



*Photo courtesy of the Illawarra Mercury*

## Cheerleading Success!

Last week 7 student Ava Ramsey travelled to Melbourne to compete in the Australian Nationals Cheerleading competition along with her team from Woonona Airbourne Cheerleading.

The team did extremely well taking out the junior title. Well done Ava and the team!



*Excellence Innovation Success*



## Well Done Volunteers!



Last week at assembly Ms Steele presented Year 8 students with certificates for their efforts volunteering at Woonona IRT. Congratulations, I'm sure they would have appreciated all your efforts.

## Christmas is coming!

There is only weeks till Christmas and we all know how quickly it comes around! While we start putting up our trees and decorations, buying presents and preparing for the big day, it is important to remember those people who are facing a Christmas of despair and misery.

Shelters are full of homeless people, including families seeking refuge from domestic violence. Children and teenagers under 18 make up a disturbing 27% of the homeless.

The SRC is collecting gifts to help those in need this Christmas. We are asking people to donate non-perishable food, toys, anything that will help to make Christmas a little easier for disadvantaged families. You can leave your donation under the tree in the front office.

Donations will be delivered to the Wollongong Emergency Family Housing Service at the end of term.



*Excellence Innovation Success*



# Cupcakes and More



This week in the Cupcakes and More elective class students prepared no bake cheese cakes and sponge spiral logs.

The results look fantastic and Mr Zubovic seems to be enjoying taste testing the treats!



*Excellence Innovation Success*



# STRONGER TOGETHER

In the lead up to, and following, the announcement regarding the postal survey, here are a number of tips to help you stay strong and resilient.

## Plan where you want to be & who you want to be with

- 01** Consider the place you'll be at and the people you'll be with when the results are revealed. Why not attend a community 'YES' event? Regardless of the vote, it's important to be around friends and allies.

## It's okay to step away

- 02** The sheer volume of stuff in the media and on social media has been overwhelming throughout the debate and will continue to rage on regardless of the result. If you need a break, take it. Remember that it's okay to step away.

## Think about who you would want to thank

- 03** We are not alone and allies are everywhere. Consider thanking the people who stood up for us during this difficult time. In your own circle, express gratitude to those who offered and gave support.

## Plan activities, get creative, keep busy

- 04** You might find yourself feeling overwhelmed in the days and weeks following the announcement. Plan some activities to keep yourself busy and distracted. Get creative, read a book, have a picnic with friends and loved ones.

## Channel your energy into helping others

- 05** The thought of what lies ahead can be stressful. Why not channel your energy into helping others? The more you give, the better you'll feel. Volunteer for a local service of any kind. Help a friend, a neighbour, a stranger.

## Remember to look after yourself

- 06** The debate will continue well after the announcement of the result and this can be draining and exhausting. So it's important to look after your physical health. Keep your energy levels up. Eat nourishing food, stay hydrated, go for a run.

## Come back out in your own time

- 07** During the horrible debate, some may have chosen to take time out from friends, family and the community. This is self-protection and what some needed to do. Take your time. We'll be here for you when you're ready to come back out.

## Remain positive

- 08** Even if it's a 'yes', there is still a long way to go. Stay positive in all your engagements. Be respectful, patient, kind and act with dignity.

## Help is here if you need it

- 09** Even if it's a 'yes', you may feel down because it has been a gruelling process. You are not alone. Our community have all experienced feelings of anger, fear, sadness and frustration. Reach out if you need to. Help is at hand.

## Ask your friends how they are going

- 10** It has been a distressing time for many in our community. Continue to ask your friends, family and community members how they're going. Let's keep checking in on each other.

## FOR MORE INFO

ACON will have additional counselling staff in the lead up to, and after, the announcement to assist people needing support. Call us on (02) 9206 2000 or visit [acon.org.au](http://acon.org.au).

You can also get in contact with mental health organisations such as QLife ([qlife.org.au](http://qlife.org.au)), Beyond Blue, SANE Australia, Twenty10, headspace, RA, Lifeline and the Black Dog Institute.

This has been put together by ACON counsellors and builds on our resource, 'Staying Strong During The Marriage Equality Debate'. Access that resource at [acon.org.au](http://acon.org.au)

## REMEMBER

**In the unlikely event that things do not go our way, we will all feel despair, anger, resentment, grief and loss. It's important to be with those you love, talk about how you feel and remember that we will come through this. Our love and our resilience will last longer than any postal survey and its outcomes.**





# University of Wollongong Learning Labs 2018

Learning Labs is an enrichment program designed for students who are performing in the top 15% in their area of interest within their peer group, and are seeking a challenging and fun experience during the school holidays.

All workshops are held over one (mini-labs) or two days, and are presented by teachers with specialist training or a specific interest in gifted education.

**Dates:** Learning Labs (Years 7 to 10) : 17—18 January 2018 from 9:00am—3:30pm Cost: \$170

Learning MINI Labs (Year 7 to 10): 16 January 2018 from 9:00am—3:30pm Cost: \$90

**Venue:** University of Wollongong (Wollongong Campus)

**Applications Close:** 7 November 2017

For further information about workshops and the application process, please go to: [uow.info/learninglabsyr7-10](http://uow.info/learninglabsyr7-10), or if you have any questions or concerns, please contact the Learning Labs team via email at [learning-labs@uow.edu.au](mailto:learning-labs@uow.edu.au) or phone on (02) 4221 5557.



## Canteen Roster

Monday	4 <sup>th</sup> December	HELP NEEDED
Tuesday	5 <sup>th</sup> December	Alisha Lloyd
Wednesday	6 <sup>th</sup> December	HELP NEEDED
Thursday	7 <sup>th</sup> December	HELP NEEDED
Friday	8 <sup>th</sup> December	HELP NEEDED



## Term 4 Calendar

Mon Dec 4—Fri Dec 8	Student Clearance Week	Tue 12 Dec	Variety Night
Mon 4 Dec	Peer Support Stanwell Tops	Tues 12 Dec	End of Year Activities
Tue 5 Dec	Year 6 Orientation Day	Wed 13 Dec	Music Excursion
Thu 7 Dec	Presentation Evening	Wed 13 Dec	End of year Activities
Mon 11 Dec	Farewell / Christmas Farewell Assembly	Fri 15 Dec	Last day for students 2017



# LATEST NEWS

The Artspace School Holiday Program starts Thursday 18th of January

We've got the paint tent, inside outside ceramics, full day sessions, edible succulents, arachnophobia, birds in cages and much much more! Please check out the attached Jan/Feb School Holiday program.

Our program sells out quickly so book early!

<https://www.trybooking.com/book/event?embed&eid=338007https>

*Excellence Innovation Success*



# girls SURF DAY

**\$50.00pp**

- \* Inclusions:
- \* 1.5hrs Lesson
- \* BBQ Lunch
- \* T-Shirt
- \* & MORE

**TIMES:**  
 9:00 - 10:30am  
 11:30 - 1:00pm  
 2:00 - 3:30pm



**ALL AGES - ALL LEVELS**

# LEARN TO SURF

WITH THE ILLAWARRA'S NO. 1 SURF SCHOOL

**DATES:**

Saturday 16th Dec 2017  
 Sunday 17th Dec 2017

**LOCATION:**

THE FARM (KILLALEA STATE PARK)

- surfer // Zahlia Short
- current U/12's
  - Billabong Oz Cup Champion
  - Wahu Champion
  - Illawarra Titles Champion
  - NSW State Champion

photo: Mikala Wilbow

**0410 645 981**

E: [isurf@pinessurfingacademy.com.au](mailto:isurf@pinessurfingacademy.com.au)  
 W: [pinessurfingacademy.com.au](http://pinessurfingacademy.com.au)



## MJ AUSTRALIA DAY AQUATHON

SWIM AND RUN



AUSTRALIA'S FAVOURITE SWIM AND RUN  
 WOLLONGONG HARBOUR **FRI 26 JAN**  
 ENTER NOW [AQUATHON.COM.AU](http://AQUATHON.COM.AU)

*Excellence Innovation Success*