

WOONONA high school *Newsletter*



Year 9 Leadership Hike



Issue No. 19
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EXCELLENCE INNOVATION SUCCESS

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Sydney Dance Company



Forensic Science Incursion

Calendar

- | | |
|-------------|--------------------------------|
| Mon 5 Dec | Year 9 Peer Support |
| Tue 6 Dec | Orientation Day |
| Thurs 8 Dec | Annual Presentation Evening |
| Fri 9 Dec | Year 10 Cataract Scout Camp |
| Tues 13 Dec | Variety Night |
| Wed 14 Dec | Aladdin |
| Fri 16 Dec | Year 12 ATAR Morning Tea |
| Fri 16 Dec | Last day for students for 2016 |

WOONONA HIGH SCHOOL PROUDLY PRESENTS

LIVE LOUD

TUESDAY 13TH DECEMBER @ 7PM IN HALL

VARIETY PLAY

THAT NIGHT

TICKETS AVAILABLE AT DOOR

ADULT \$10
CHILD \$5
FAMILY OF FOUR \$25

CREATIVE & PERFORMING ARTS SHOWCASE
LIVE LOUD !!! #VARIETY NIGHT 2016

Excellence Innovation Success

Principal's Report

SRC Xmas Fundraiser

A reminder that the Student Representative Council are collecting donations of tinned foods, non perishables and gifts for distribution to families in need at Christmas time. Donations can be made in the next two weeks, I encourage all families to make at least one donation in support of this wonderful initiative of the students of this school to give back to their community.

A huge thank you to those many families who have already donated gifts and food, it is a wonderful indication of the generosity and community spirit of our students, well done everyone.



Uniform 2017

Following a request from the PDHPE faculty and endorsement by the P&C there will be a minor change to uniform in 2017. As of 2017 all students will be required to wear the school cap in outdoor PE lessons and outdoor sports activities during terms 1 and 4.

Mr Rayner and Mr McDermott have consulted all students on the design of the cap; the cap chosen was by far the most popular choice. Caps can be purchased at the uniform shop at a cost of \$15.

HSC Results 2016

With confidence I look forward to Thursday 15th December when the NSW Board of Studies releases this year Higher School Certificate results. I wish them all the best and look forward to reporting on their success in our first newsletter of 2017. I would like to remind all Year 12 students of our "sharing our successes" morning tea on Friday 16th December at 10.30am.

Clearance 2016

Throughout week 9 all students in Years 7-11 will be required to complete clearance. The procedure for clearance is for all students to return borrowed equipment; library books, textbooks, readers, or any other equipment borrowed from faculties and for those who have leased a laptop they too will be required to be returned. If your child has outstanding fees, an invoice will be attached to their clearance form for settlement prior to the completion of clearance. If required, financial assistance is available for eligible families for the payment of outstanding fees. To apply for financial assistance please complete the form located on our school website or forms can be collected from the school administration office.

On the completion of clearance, reports will be issued on Monday 12th December.



Excellence Innovation Success

Stage 4 Assembly

On Tuesday 29 November, Stage 4 students led by Tishaan Styche and Arun Wanstall held a formal school assembly in the Hall.

After the National Anthem and the Welcome to Country, Brooklyn Younger, Thura Sabbar (Year 7), Tess Walsh and Tuqa Sabbar (Year 8) presented a summary on all the fun and exciting events the students in their year groups had taken part in in 2016. It was very entertaining with great slide shows of the excursions, camps and special classes that the students had been involved in throughout the year.

Our talented CAPA class students wowed the audience with a fantastic performance called "Cyberbullying: Speak Out!" Sian Pop (Police Liaison Officer) was in attendance to view the performance. There was an entertaining musical performance from Carla Baker and Riley Walker who sang "Dancing on My Own."

Gymnastic and netball medals were presented and Jay Archer gave a speech and presented an amazing video depicting his experiences of the Kokoda Expedition.



The WHS Junior Girls Netball team were presented with medals for their success in the Northern Illawarra Winter Competition. Well done.



Carla Baker and Sienna McClafferty were congratulated on being selected in the South Coast Gymnastics team.



Excellence Innovation Success

Cyberbullying: Speak Out



Our very talented Year 7 CAPA class performed an amazing piece for the Stage 4 Assembly called "Cyberbullying: Speak Out". The performance was created as part of the Cyberbullying unit of work that the class had undertaken this year. Over the 8 week period of the unit, 5 group dance pieces were created and these were formed into one which was performed at the Stage 4 assembly. The purpose of the piece was to speak out about Cyberbullying and the negative effect that it can have on individuals.

Ms Steele (Dance Teacher)

Gold Rewards Excursion

On Friday 2nd December, 10 teachers accompanied over 200 students to attend the GOLD REWARDS Excursion at Jamberoo Action Park. This excursion was by invitation only to students who had reached the GOLD level on our schools merit system. We look forward to seeing some fun photo's from the day. A big thank you to all teachers who attended the excursion and Mr Rayner for encouraging students to achieve their best through our merit system.

Ms Steele (Year 7 Year Adviser)



Excellence Innovation Success

Forensic Science Incursion



Forensic Science is an elective subject offered to students in Years 8, 9 and 10 and on Thursday 1 December students had the opportunity to take part in a Forensic Science Incursion. The students took part in a series of forensic evidence experiments including DNA testing, ballistics, blood analysis, toxicology and tyre print analysis.

The incursion was presented by a group called 'Educational Interactive' who aim to encourage a love of and curiosity in science amongst students and show them how science plays an important role in the world outside the classroom.

Students learnt how chemistry, physics and biology can help solve crimes.

The students found the incursion very interesting and it wouldn't be surprising if we have some potential CSI investigators in our midst.

Mr Wilson (Relieving Head Teacher Science)



Excellence Innovation Success

Year 10 Work Experience 2016

Congratulations to Year 10 on their Work Experience placements in 2016.

They were butchers, bakers and almost everything except candlestick makers. This year over 97 per cent of Year Ten students have participated in Work Experience. Last week students experienced the daily lives of doctors, dentists, engineers and teachers as well fitters, carpenters, electricians and plumbers. They were also designers, merchants, marketers and baristas and many more than this space permits naming.

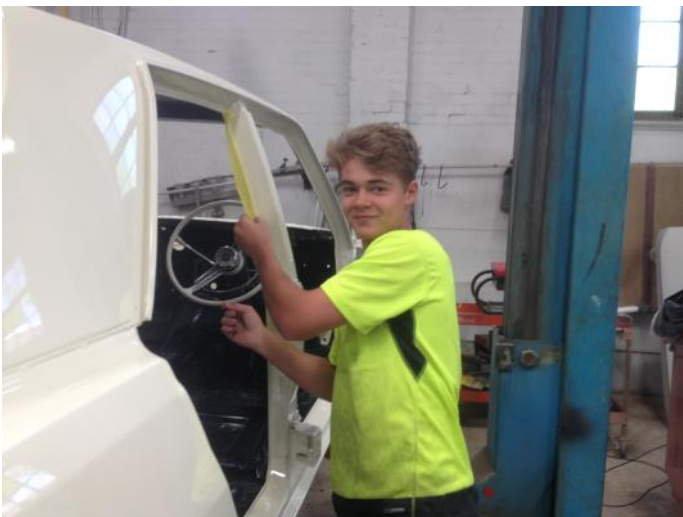
An eclectic and adventurous cohort of Year 10 students sought Work Experience placements of real interest in order to help them prepare for life post HSC. And boy, did they do well. Employers in all categories of employment were lavish with praise for the performance of our students. Many saying that they would be happy to take Woonona High School students at any time.

Some students discovered that the job they believed they were well suited for was really not for them. This is another benefit of Work Experience; it helps students to know themselves better and make more informed decisions regarding their futures. Unless you have a 'go' you will never know what you may be cut out for.

Thank you to all Year 10 teachers that took the time to supervise students on Work Experience as well as administrative and executive staff for all their support in making Work Experience happen for Year 10.

Especially, a large thank you to all host employers that gave Year 10 students an opportunity to undergo Work Experience, it would not happen without your cooperation.

Mr Chamberlain (Careers Adviser)



Excellence Innovation Success

Sydney Dance Company Workshop



On Monday 28th November, 24 students from Years 7-10 were inspired and challenged by a member from Sydney Dance Company, Kye Maurer. From an intricate warm-up sequence, to technical contemporary dance corrections, the students were individually challenged to push their boundaries and reach new potentials. Some of the students had minimal dance experience and I was so impressed to see them working hard to keep up with the more advanced students.

Kye took the students through a creative task, complete with inspirational pictures to draw out interpretation and collaboration within the group. Firstly, students had to individually create 8 counts of movement. This was then performed in pairs, groups of four, then in a group of 12. The intent of the creative process was to create an efficient movement sequence where each student was working in harmony. A very impressive process by all.

Next up was a choreographic sequence, where Kye taught the students a phrase from the most recent dance work, 'Untamed'. This was a challenging moment where the students had to learn the choreography quickly and perform to the best of their abilities. Needless to say, they all did very well to learn a professional piece of work in such a short period of time!

Once the 2 hours were up, the students debriefed about what they enjoyed the most about their experience. A highlight for the majority of the students was to 'learn the 'Untamed' choreography', 'having a male dance teacher', 'work as a team to achieve their own creative sequences' and there were a few who 'didn't want it to end'.

On behalf of all students involved, we would like to extend our thanks to Kye and Sydney Dance Company for providing our school with this amazing opportunity. We look forward to hosting them again in the coming year.

Mrs Steele - Dance Teacher



Excellence Innovation Success

Last week, 45 Woonona High School students went on a three day camp to start working on our annual Creative and Performing Arts (CAPA) Showcase. In 2016 we have decided on the theme 'Live Loud'. See page 16 for details. This year CAPA Camp consisted of art students, music students, singers, drama students and dancers. After a short drive down the coast to the Waterslea Centre at Nowra, the journey started.

As a part of this camp all CAPA students came together to create large group items for Variety Night. These included Live Louder, Play That Sax, This Girl and Let's Get Loud. The first 2 days all students split off into their preferred CAPA discipline groups to learn their parts for all of these songs, while our Art students started work on the beautiful paintings and drawings you can see in our poster.



This camp wasn't just for students to stick to their preferred faculty – each day workshops were run where students could try out a different faculty, for example singers could go and try art for a lesson.

Each night after dinner all students and teachers came together to the main hall and we worked on an A Capella song. All students learnt to sing this song without any instrumental accompaniment. During this project students were able to stretch their limits and discover a whole new side to music. Students were given jam time during the day. Jam time is where students could rehearse small ensemble or solo items that they will be auditioning in week 9. The students had the freedom to sing, play and dance to whatever song they wanted. And most importantly they had fun with friends whilst in their small ensembles.

The second afternoon the students and teachers were able to use the camp water slide and pool, and this was such a relief as it was 36 degrees that day. In the evenings, students rehearsed again before some downtime playing Just Dance on the Wii.

The last day we all came together and practised our large group items as a team, playing each song without a backing track - it was just the students playing the instruments, singing and dancing. We also completed our A Capella song, before leaving for home as everyone was tired and sick of flies.

We can't wait to show you what we have created for you. On Tuesday the 13th of December at 7pm In Woonona High School Hall we will all be "Living Life Louder". Tickets will be available at the door, see the poster for prices. Please note the date change – Tuesday 13th December (not Monday 12th).

Caitlyn Davies, Year 8

Brekky Club

The Brekky Club and the Toast club at Woonona High first started in 2012 under our first school chaplain and has continued to run strong thanks to the help of volunteers.

The Woonona High Brekky club has been running every Tuesday and Thursday morning throughout the year providing free toast and milk to students before school. A fantastic team of volunteers have consistently been in the canteen happily serving our students in the mornings. I want to thank all the volunteers for all their efforts in collecting, cutting and serving bread to our students and always doing it with a smile.

Toast club runs every Thursday lunch-time and I provide free toast and milk to any students who need lunch. On an average week we go through between 24-30 loaves of bread, 3 jars of jam and a jar of vegemite in Brekky Club and Toast Club.

I want to thank Baker's Delight Corrimal who supplies bread for us each week and Country Valley Milk who provides the milk. A big thanks also to people who have donated jam and vegemite throughout the year. We look forward to continuing to fill up empty stomachs next year.

Dal Proudfoot (on behalf of the Welfare Team)



Excellence Innovation Success

SRC News

Christmas Giving Tree

As families are busily preparing for the holiday season, it is important to remember those people who are facing a Christmas of despair and misery. Shelters are full of homeless people, including families seeking refuge from domestic violence. Children and teenagers under 18 make up a disturbing 27% of the homeless. The SRC is collecting gifts to help those in need this Christmas. We are asking people to donate non-perishable food, toys, anything that will help to make Christmas a little easier. You can leave your donation under the tree in the office. Thank you to those families who have already donated.

The Year In Brief:

The SRC has had another busy semester, raising awareness and funds for some important causes. They have also been active serving and representing our school and developing their leadership skills. Some of the activities our SRC members have been involved in include:

Jeans for Genes Day

Spider Days raising money for World Vision

Wear It Purple Day

Canteen at Year 12 CAPA Showcase, Unplugged and Variety Night

UOW Elevate Young Leaders Forum

GRIP Leadership Conference

Christmas Giving Tree

Presentation Night ushers and hosts

Election & induction of SRC

They are to be congratulated for their efforts this year, and we look forward to another action-packed year in 2017.

Thank you to Ms Carmen Mete for all her efforts and support.

Ms Sally Johnstone

SRC Co-ordinator



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Year 9 Leadership Hike



On Monday 21 and Tuesday 22 November, Year 9 students took part in a Leadership Hike.

The group caught the train to Waterfall and then walked along the Uloola Track to Karloo Pools. From there they continued on to Heathcote (11km) where the group stopped at IGA to replenish stocks.

They then we walked from Heathcote to Kingfisher Pools (8.5km) where they camped the night.

Due to sore legs, feet and broken bodies (not literally) and heat, the students took a shorter route back to Waterfall station the next day to travel home.

Mr De Main (Year 9 Year Adviser)



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“Thankyou”



On Wednesday 30 November a special assembly was called to listen to a presentation given by Calvin Hart from the “Thankyou” organisation. Thankyou was born in 2008 in response to the World Water Crisis. At that time, over 900 million people didn't have access to safe drinking water on a daily basis and founders of the organisation came up with an idea to launch a line of bottled water that would fund water projects overseas. After the success of the water project, Thankyou has now branched into other products including food, body and baby care and the products are available in 5000 outlets in Australia (including 7 Eleven, Coles and Woolworths). 100% of profits go to funding safe water, food and hygiene, and sanitation services around the world.

Ms Steele (who organized the presentation), said that she hoped the presentation would raise awareness amongst our staff and students, that it would challenge our thinking and hopefully inspire us to realise that we can make an impact in the world. See the Thankyou website for more details of this organisation.



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C1 Go Karting

On Friday 18 November, Year 8 students who had reached the gold level of the school's merit system were invited to take part in a rewards excursion. Students travelled to the Albion Park C1 Indoor Karting Complex for a day of fun accompanied by Mr Mucci, Mrs Matthews and Ms Arazny. Students thoroughly enjoyed the day.

There were some formula one drivers in the making, some not so confident, and Mr Mucci showing some tricky manoeuvres by overtaking in the inside lane – is that legal?



Excellence Innovation Success



At Woonona High School we foster the idea of being part of and giving to the community and encourage all students to undertake volunteering activities within the school and wider community. Each year the school organises a number of programs to allow students the opportunity to volunteer. This year we ran the Russell Vale Infants Reading program where students helped Kindergarten students learn how to read. We also ran a Sports Coaching program where students were required to coach infant students at sport.



This year we had 31 students in Years 9 & 10 recognised by the Department of Education Student Volunteer Awards program for regularly volunteering for these activities. Congratulations go to following students: Trent Carter, Cohen Bott, Baxter Bowler- Prentice, Abby McConnell, Cody Sweeney, Joshua Carter, Olivia Smith, Kane Dorrian, Jaya De Rome, Matt James, Ethan Johnson, Caleb Bates, Tara Scott, Sarah Shepherd, Thomas Grace, Lalita Protsenko, Jenna Montgomery, Indah De Rome, Phoebe Austin, Lachlan Cosier, Kodi Tawhai – King, Ruby Burden – Hill, Maggie Esdale, Fletcher Bowler, Jasmine Owen.



In addition, every year there are also a large number of students who regularly put their hands up to volunteer within the school for activities such as Open Night, Athletic Carnivals, Cos Days, Dance Performances and Vaccinations, giving freely of their time often after school to help. In recognition of this, students were awarded with a Certificate of Achievement. Over 85 awards were given, highlighting the strong values and community spirit we hold so greatly at Woonona High School. Volunteers in Year 11 pictured left.

Mrs Roddis

Teacher / Librarian and Volunteer Coordinator

Farewell Elisa

This week we said goodbye to our popular Belgium exchange student Elisa Prijot who will travel home on Friday 2 December. Elisa has been with us since July and says she has very much enjoyed her time here making lots of friends, enjoying her host family and experiencing life at Woonona High School.

Elisa said her favourite subject here at WHS was Community and Family Studies. She also studied Visual Art and Food Technology, all subjects that she wouldn't normally be able to study back in Belgium.

Good Luck for the future Elisa and we hope to see you back here again.



Book Club

Mr Chamberlain spoke about his favourite book, *Fahrenheit 451* by Ray Bradbury. *Fahrenheit 451* is a dystopian novel, published in 1953. The novel presents a future American society where books are outlawed and "firemen" burn any that are found. The book is named after the assumed temperature at which paper combusts.



Lachlan Cosier spoke about the Demon Road trilogy. This trilogy is full of Landy's trademark wit, action and razor sharp dialogue, *Demon Road* kicks off with a shocking opener and never lets up the pace in an epic road-trip across the supernatural landscape of America. Killer cars, vampires, undead serial killers: they're all here. A great read for teenagers.



I spoke about *Born Scared* by Kevin Brooks, a book that deals about extreme anxiety. Elliot is terrified of almost everything. From the moment he was born, his life has been governed by acute fear. The only thing that keeps his terrors in check is the pills that he takes every day. It's Christmas Eve, there's a snowstorm and Elliot's medication is almost gone. His mum nips out to collect his prescription. She'll only be 10 minutes - but then she doesn't come back, Elliot must face his fears and try to find her. She should only be 400 metres away. It might as well be 400 miles.



Canteen Roster

| | |
|----------------------------|---------------|
| Monday, 5 December 2016 | GABI JAMES |
| Tuesday, 6 December 2016 | JANECE PENDER |
| Wednesday, 7 December 2016 | HELP NEEDED |
| Thursday, 8 December 2016 | HELP NEEDED |
| Friday, 9 December 2016 | HELP NEEDED |

Term Planner

| | |
|-------------|--------------------------------|
| Tue 6 Dec | Orientation Day |
| Thurs 8 Dec | Annual Presentation Evening |
| Fri 9 Dec | Year 10 Cataract Scout Camp |
| Tues 13 Dec | Variety Night |
| Wed 14 Dec | Aladdin |
| Fri 16 Dec | Year 12 ATAR Morning Tea |
| Fri 16 Dec | Last day for students for 2016 |

WOONONA HIGH SCHOOL PROUDLY PRESENTS

LIVE LOUD



TUESDAY 13TH DECEMBER @ 7PM IN HALL



TICKETS
AVAILABLE
AT DOOR

ADULT \$10
CHILD \$5
FAMILY OF
FOUR \$25

THAT
NIGHT

CREATIVE & PERFORMING ARTS SHOWCASE
LIVE LOUD 📣 #VARIETY NIGHT 2016

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ATAR Morning Tea



Woonona High School

Excellence Innovation Success

Dear Parents,

The HSC examinations are now completed and students are anxiously awaiting their HSC results from the Board of Studies on Thursday, 15 December 2016 and their ATAR calculation from The University Admissions Centre (UAC) on Friday, 16 December 2016.

As part of our school's plan to support our students there will be a morning tea for the 2016 HSC students and their parents on the grass outside the school hall on the morning of Friday 16th December 2016. Teachers will be on hand to congratulate students and celebrate achievements.

Often students are confused with the discrepancies between their HSC and their ATAR and staff will be on hand to discuss any issues with them. Students, who require assistance with their future pathways, will be able to discuss possible options with Mr Chamberlain (Careers Adviser) and/or other staff.

The morning tea will commence at 10.30am for about an hour.

If you or your child needs to discuss their options before the 16th December, please contact Mr Chamberlain, Mrs Pickering or the school (0242841513) to arrange a suitable time.

Yours sincerely

Belinda Wall
Principal

Artistic Future

As part of Year 10 work experience, Madelina Camilleri is spending her time working on artistic briefs for Munster Kids clothing. Madelina, who recently won the Illawarra Mercury's "Design an Ad" competition is passionate about her art and obviously extremely talented.

Munster Kids is a very popular children's clothing brand and they will potentially be using some of Madelina's designs on their next seasons t-shirt range.

Ms Bramely
Visual Art Teacher



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Girls Waterpolo



On Thursday 17 November our U/15 Water Polo girls team travelled to Berkeley pool to play in the Illawarra Schools competition. Unfortunately, they lost their first game to Bulli, but were victorious in their second game, beating Figtree High 5-3. Well done!

Ms Walker (English Teacher)



Nature Abounds

Two Tawny Frogmouths and their two babies have taken up residency in the trees just outside the Science Staffroom. The birds are highly camouflaged against the tree but still visible and happy to show off their young and pose for the camera. With their nocturnal habit and owl-like appearance, Tawny Frogmouths are often confused with owls, but are actually more closely related to the nightjars.

WHERE?

Nan Tien Temple
180 Berkeley Rd,
Berkeley NSW 2506 Australia

WHEN?

15th – 21st January, 2017

WHO?

university / college students
or recent graduates
aged between 18 – 35
with an interest in
experiencing authentic
Chinese Buddhist
monastic life

APPLY:

<http://nantien.org.au/en/bmr>

info@nantien.org.au

WHY?

A journey of
self-exploration
to learn and practice
the art of mindful living -
living Ch'an.

WHAT?

Monastic Life
Buddhist Studies
Chanting
Culture Classes
Discussion
Intensive Meditation
Pilgrimage

HOW MUCH?

\$20
(Laundry Fee)

**2017 NAN TIEN BUDDHIST
MONASTIC RETREAT**

**AN OPPORTUNITY FOR LAYPEOPLE TO EXPERIENCE
AUTHENTIC MONASTIC LIFE.**



**DIY
CHRISTMAS**

Make your own gifts, cards and decorations.
Dinner provided.

FREE

**6-9PM FRIDAY 2 DECEMBER
WOLLONGONG YOUTH CENTRE**
An event for young people aged 12-24 years



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RECREATIONAL GYMNASTICS

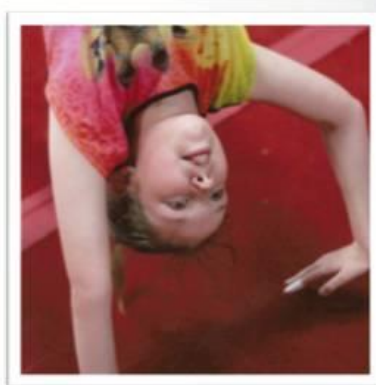
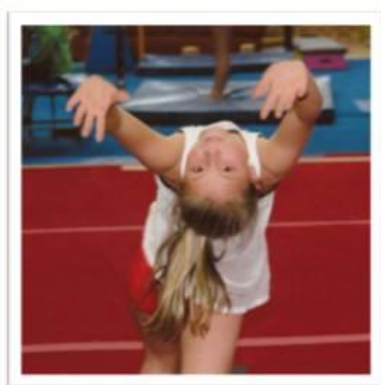
PCYC Gymnastics club's primary objective is to provide high quality gymnastics programs and events for children. Our classes are designed to improve each student's motor skills, coordination, physical confidence and self-esteem.

2017 PCYC Gymnastics Program

Recreational Gymnastics and KinderGym

Registrations open. Enrolment forms can be obtained from the PCYC Office, website www.pycnsw.org.au/bulli or request one from bulli@pynsw.org.au

A registration day will also be held at PCYC Bulli at **4:30pm to 6pm Friday 27/Jan/2017**. A wait list will be created when classes are oversubscribed.



Please see office staff for more information about fees and any questions you may have.



pynsw.org.au

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2017 GIRLS U10, U12, U14 & U16 League Tag
60th Anniversary 1957-2017

ARE YOU INTERESTED IN PLAYING GIRLS LEAGUETAG?
U10, U12, U14 & U16 PLAYERS WANTED TO FOR LEAGUETAG FOR THE WOONONA BUSHRANGERS DURING 2017 (Ages 8 to 16)

To Register, Go To: playnrl.com.au/register

Please contact Sarah Crimston on 0402271975 or registrar@woononajrffc.org.au

EARLY BIRD SPECIAL
Register & Pay online between 10/11 to 31/12 2016 For ONLY \$50

4pm - markets + food stalls,
6:30pm - 8pm carols

@ Bulli Anglican Church on the grass
66 Park Road Bulli

BYO picnic rug or folding chair
For more info call 42843021
or the facebook page



Excellence Innovation Success



Free 2HR workshop for parents and supervisors of learner drivers. Accompanied learner drivers welcome.

Workshops are held by Wollongong City, Shellharbour City and Kiama councils.

To help you with practical advice about:

- Supervising learner drivers
- Completing the learner driver log book
- Providing on road driver practise
- L & P Plate licence laws

Workshops are held from 6pm – 8pm

Bookings are essential

Please contact Council for a suitable workshop

Wollongong

4227 7111

rso@wollongong.nsw.gov.au

Shellharbour

4221 6124

jenny.davies@shellharbour.nsw.gov.au

Kiama

4232 0444

council@kiama.nsw.gov.au

2016

| | | |
|-----------|----|--------------|
| July | 25 | Shellharbour |
| August | 24 | Kiama |
| September | 6 | Wollongong |
| October | 19 | Kiama |
| November | 7 | Shellharbour |
| December | 6 | Wollongong |

2017

| | | |
|----------|----|--------------|
| February | 13 | Shellharbour |
| March | 7 | Wollongong |
| April | 26 | Kiama |
| May | 22 | Shellharbour |
| June | 6 | Wollongong |



Excellence Innovation Success



LEARNER LOG BOOK RUN



DO YOU HAVE YOUR L'S?

Want to get more hours for your log book?

An opportunity for you and your supervisor to experience a variety of driving conditions to increase safe driver behaviour.

All learner drivers must have 40 or more log book hours

Bookings are essential
Please contact Council for a suitable workshop

| | | | | | |
|------|-----------|----|---|-------------|------------------------------------|
| 2016 | June | 19 | 10.00am - 12.30pm | | Shellharbour and Kiama |
| | July | 12 | 6.00pm - 8.30pm | ☾ night run | Shellharbour and Kiama |
| | August | 14 | 9.30am - 12.00pm | | Wollongong |
| | September | 25 | 10.00am - 12.30pm | | Shellharbour and Kiama |
| | November | 27 | 9.30am - 12.00pm | | Wollongong |
| 2017 | March | 26 | Ultimate Learner Log Book Run 10.00am - 1.30pm | | Shellharbour, Kiama and Wollongong |
| | April | 11 | 6.00pm - 8.30pm | ☾ night run | Shellharbour and Kiama |
| | May | 7 | 9.30am - 12.00pm | | Wollongong |
| | June | 18 | 10.00am - 12.30pm | | Shellharbour and Kiama |

Shellharbour
4221 6124
jenny.davies@shellharbour.nsw.gov.au

Wollongong
4227 7111
rso@wollongong.nsw.gov.au

Kiama
4232 0444
council@kiama.nsw.gov.au



Get the skills to ride anywhere!

Join a fun session to improve cycle skills, learn about bike safety & improve rider confidence.

- **26th October 2016,**
5:30 - 6:30pm Lang Park (Adults)
- **5th November 2016,**
9:00 - 10:00am Southern End of Stuart Park (Adults)
- **18th January 2017,**
10:00 - 11:00am Lang Park (Family - Adults and Children)

Excellence Innovation Success

FREE BIKE MAINTENANCE and SAFETY WORKSHOP

- Presented by



As Steer North undertakes a 4,000 km cycling journey from Melbourne to Cairns, they will be stopping in each community they pass through to promote cycling as a means for active and healthy living.

Join the Steer North riders as they pass through Wollongong to learn more about living actively through safe cycling whilst looking after your bike. Get inspired by their 45-day journey and learn bike maintenance skills such as changing a tyre, oiling a chain, cleaning a bike and much more.

**14th December 2016,
2:00-3:00pm Southern end of Stuart Park**

What you need to know

- All ages welcome and will receive free cycling resources
- Participants can bring their own bike to receive bike specific advice
- Bookings are welcomed but NOT essential



For bookings or more details contact
Wollongong City Council's Road Safety Officer
on 4227 7111 or rso@wollongong.nsw.gov.au or
visit www.wollongong.nsw.gov.au/roadsafety



Excellence Innovation Success

Why wait to be a better you?



Now is the time to kick-start your future with one of TAFE NSW Illawarra's Fee FREE Short Courses which you can enrol in now!

Our short courses are a great way to build your skills, explore a new career path or meet the changing legislative requirements of your job.

Many of our short courses also count towards full qualifications - so if you're ready to take your training to a new level, you'll be ahead of the game.

This Fee-FREE training is subsidised by the NSW Government.

ARE YOU ELIGIBLE FOR A FEE-FREE SHORT COURSE?

If you meet the following criteria, you may be eligible to undertake one of our Fee FREE Short Courses:

- are aged 15 years or older
- have left school
- live or work in New South Wales
- are an Australian citizen, permanent resident, humanitarian visa holder or New Zealand citizen.

This opportunity is only available for training which is completed by Saturday 31 December 2016.

WHAT CAN YOU STUDY?

Choose from a variety of courses across our 14 locations and enrol now!

-  Café Skills
-  First Aid
-  Food Safety Supervisor*
-  Hairdressing Skills
-  Make-up
-  Responsible Conduct of Gambling (RCG)*
-  Responsible Service of Alcohol (RSA)*

+ MORE TO COME!

 www.tafeillawarra.edu.au/short-courses

For more information on each short course, visit www.tafeillawarra.edu.au/short-courses.
For more information on Smart and Skilled, the NSW Skills List and NSW Government Subsidised courses, visit www.smartandskilled.gov.au.
Please note that minimum enrolment numbers must be achieved to enable the course to proceed as scheduled.
*Fee is payable for licenced courses.

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