

WOONONA

HIGH SCHOOL

EXCELLENCE INNOVATION SUCCESS



Newsletter

ISSUE No. 19
30 November 2015



White Ribbon



DELIVERING EXCELLENCE, INNOVATION, OPPORTUNITY AND SUCCESS

PRINCIPALS MESSAGE

White Ribbon Day

Four weeks of a comprehensive, wide ranging education program addressing the significant community issue of domestic violence for students from Year 7 to Year 11 culminated in a formal assembly on Tuesday 24th November. The assembly was a sombre, respectful and informative occasion where student representatives had the opportunity to share their year groups learning experiences. The assembly concluded with the very powerful white ribbon day pledge being made by all male members of our school community. The pledge was led by a large number of white ribbon day ambassadors.

The focus of our extensive program was to educate our students within an age appropriate context about the issue of domestic violence and its prevalence within our community. The consistent message shared with all of our students was the importance of respectful and equal relationships.

I would like to thank those staff who wrote programs, delivered the lessons, arranged for guest presenters and arranged fundraising activities. It has been a significant initiative and judging by the response of students a very worthwhile one. Congratulations to all involved.



2015 Year 12 Formal

I had the pleasure of attending the Year 12 Graduation Formal at Seacliff Function Centre. Congratulations to Ms Epton for assisting students organise a very memorable, beautiful occasion for our outgoing students.



Christmas Giving Tree

Donations are slowly coming in for our 2015 Christmas Giving Tree. Can I again encourage all families to donate either non perishable foodstuff or an appropriate gift for a child.

The tree is located in the front office foyer and donations can be left there. The SRC will continue to remind students at each Tuesday morning assembly, one donation from every student will collectively make a significant contribution.



KIDS HELP LINE 1800 55 1800



DON'T FORGET—Like us on facebook



DATE

EVENT

Mon 30 Nov	Corrimal Cougars Mural opening
Thurs 3 Dec	Year 6 Orientation Day (9:30am—2:30pm)
Fri 4 Dec	Stage 4 End of Year Celebration Assembly
Tues 8 Dec	Variety Night
Thur 10 Dec	Presentation Evening
Mon 14—16 Dec	Student Activities Week
Wed 16 Dec	HSC Results to students
Wed 16 Dec	Last day for students for 2015
Thur 17 Dec	ATAR Morning Tea

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WHITE RIBBON SPECIAL EDITION



What is White Ribbon?



Why engage men?

Over the past four weeks students and staff at Woonona High School have taken part in a series of activities and lessons that reinforce the White Ribbon message—to stop violence against women and to educate people about the importance of positive, healthy and respectful relationships. In educating our students about their friendships with their friends at school and their interactions with teachers it is hoped that they will be able to maintain happy and healthy relationships away from school with their families, team mates and other friends.

In this issue we highlight the events and programs that our students have taken part in.



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WHITE RIBBON FORMAL ASSEMBLY



On Tuesday, Woonona High School held a formal assembly to recognise White Ribbon day. White Ribbon day is Australia's only male-led campaign to end men's violence against women. It signals the start of 16 days of activism to stop violence against women, which finishes on December 10th, Human Rights Day. Before being moved to the main hall for the formal assembly, students were all provided with a white ribbon to either wear on their wrist or in their hair. The white ribbon signifies innocence and peace and is an icon for this cause. Ryan Boland and Nathan Boyle hosted a very considered and diverse assembly, honoured and respected by the student body.

During the assembly students from all years spoke about the different programs that had been held during the White Ribbon Campaign. Year 7 and 8 representatives talked about the Peer Mentoring program and activities they had taken part in, Year 9 and 10's programs included informal classroom workshops all dealing with domestic violence, how it can be recognised, its forms and impact and where to seek assistance if necessary. Year 11 girls had undertaken a confronting workshop called "He Loves Me, He Loves Me Not" and Year 9 and 10 boys had participated in a talk from Dragons players. There is more information on these programs on page 6 of this issue.

Local police officers also addressed the assembly speaking about the impact of domestic violence and its impact on our society.

Ms Pryor's dance ensemble performed a beautifully choreographed contemporary piece that epitomised the struggle of victims of domestic violence. It was a complex piece superbly performed by the students, provoking an empathetic response from the audience.

Thankyou to all teachers involved for the assembly organisation and to Mr Hoole for the photographs of the assembly. The following pages of the newsletter are dedicated to our White Ribbon campaign.



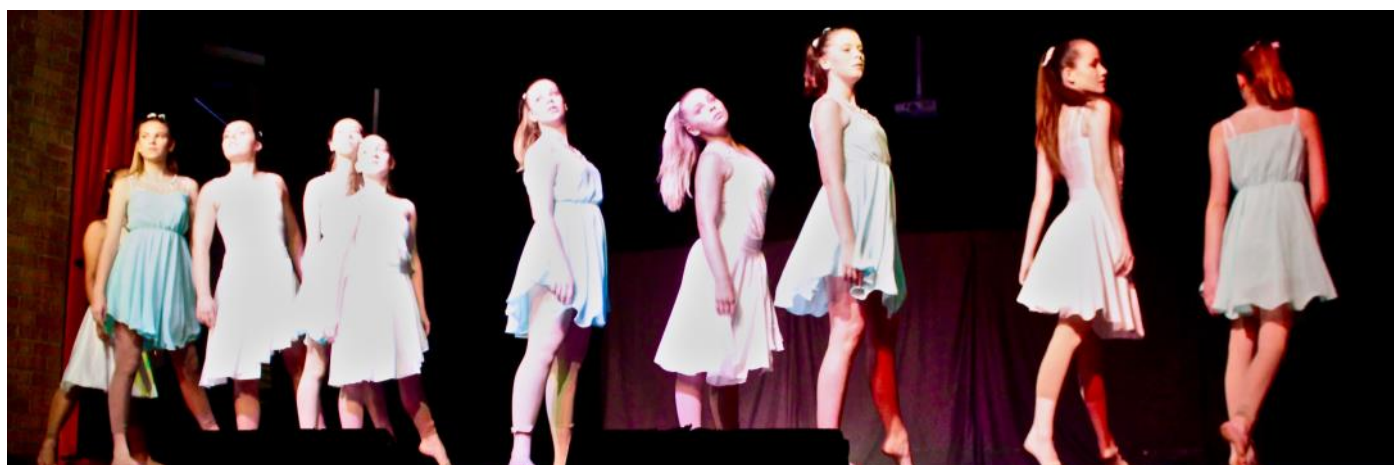
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WHITE RIBBON— WHS DANCE ENSEMBLE

The Woonona High School Dance ensemble performed a modern dance piece titled "Little Me". This piece was choreographed by Miss Z Pryor and Miss K Sharp and was created to depict the key words in the White Ribbon oath: for example "speak up; act out". The girls performed with such grace and integrity and left many damp eyes in the audience. A wonderful achievement and poignant moment for the whole school to experience. Honourable mention goes to the dance students involved, for some of which it was their first performance on stage! A wonderful effort by all involved and we thank Ms Mellor for inviting our dance ensemble to be involved in such a lovely event! The dancers involved: Ruby Thompson (8) Phoebe Morgan (8) Natalie Piatek (8) Ellese Illustre (9) Jessica Long (9) Taryn Boyle (9) Bronte Petrolo (10) Cassandra Lane (10) Bianca Doronzo (10) Emily Parsons (10).



Miss Pryor (PE and Dance Teacher)



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WHITE RIBBON DOMESTIC VIOLENCE WORK SHOP



Last week, Year 11 students attended a talk from a local police officer about domestic violence within Australia. We were given the option to sit through a video that dealt with a real life abusive relationship. This was extremely confronting and allowed the situation to become more real for us. Today, 2 women die due to domestic violence situations every week. This statistic seems unrealistic in such a developed society, however violent and abusive relationships are more common than they appear. These relationships are not only between a woman and a man. They can consist of parents and children, carers and the patient and same sex couples. The talk allowed us as students to recognise the cycle of violence within a relationship and encourage us to speak out and provide information for the victim. Additionally, it suggested ways in which we as individuals within an abusive relationship can take steps to leave the situation. The police officer highlighted what a strong and healthy relationship consisted of; trust, communication and most importantly respect for one another.

However, she also brought to our attention the signs of a destructive relationship. It starts with a building of tension between the two partners and moves on to an incident. This can be both verbal and physical abuse. This ends with one apologising to the other and leading into a calm stage which eventually cycles back to tension building. Attending this talk allowed us to see the reality of the situation and the prevalence of domestic violence within Australia.

Through this type of education our generation is able to positively shape the statistic of domestic violence within homes for the future.

WHITE RIBBON ACTIVITIES AND CLASSES

At the formal assembly students recapped some of the specialised classes and programs they had participated in:

Year 7 - The program started off with a group meeting in the staff common room, where Mr Rayner explained the importance of White Ribbon Day for Year 7 and the focus on positive, healthy friendships. The students then broke up into their peer leadership groups and discussed the ingredients of a healthy friendship, creating posters of these characteristics.

Year 8 – The formalised classroom lessons that Year 8 received are part of the new NSW education syllabus. They learned about the difference between biological and behavioural differences of men and women and learned how stereotypes influence our society. This was followed with a class activities enabling them to make their own decisions about whether a man, woman or both genders fit into each category.

Years 9 & 10 – These classes undertook a program of workshops that assist the students to recognise domestic violence. They undertook many activities to develop a deeper understanding of domestic violence, its forms and impacts and positive responses they can make to these terrible situations. Students have also learned about self-worth and how to build resilient and supportive relationships.

Year 11 – Senior Constable Sian Popp delivered a workshop to the female students in Year 11. The students attended the confronting workshop “He Loves Me, Love Me Not” which detailed the saddening statistics of domestic violence in Australia. The talk allowed the students to recognise the cycle of violence within a relationship and encourage them to speak out and provide information for the victim. Additionally, it suggested ways in which individuals within an abusive relationship can take steps to leave the situation.

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WHITE RIBBON—OZ TAG



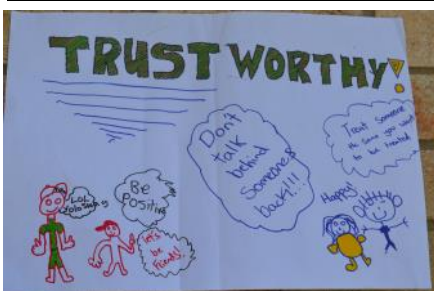
A group of very enthusiastic students and teachers took part in a nail biting game of Oz Tag on Thursday 19 November. The game was played in honour of White Ribbon and was a chance for the students and staff to share some bonding time and have some fun together.

The weather was extremely warm but several of our brave teachers including Mr Rayner, Ms Bolam, Ms Walker, Mr Mucci, Ms Burns and Ms Potter stepped up to the challenge and took on our students. In a tight battle teachers managed to take out the students 4—2.

The final of the competition was scheduled for Thursday 26 November but because of the extreme heat the match was cancelled. Weather permitting this match will be rescheduled for next week.



YEAR 7 WHITE RIBBON POSTERS



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WHITE RIBBON DAY FUND RAISING



As with many charities, the White Ribbon Day organisation requires the support of the community to remain operational. The Woonona High School community has generously responded by conducting a cake stall, sausage sizzle and car wash day to raise the important funds needed.

The cakes for our fund raiser were donated by Ms Bolam's cupcakes class (with Mrs Mete's assistance), the Boyle and Peary families and several teachers.

The cake stall raised a fantastic \$65 on the day.

A cheque for our combined fund raising efforts will be presented to Mr Kenton Bell, a White Ribbon Day ambassador in the near future. The community effort has been both generous and heart-warming. Thank you to all involved.

Ms Mellor (HSIE Teacher)

WHITE RIBBON CAR WASH



Mr Chamberlain and his Work Studies class picked a perfect day to hold a staff car wash fundraiser for White Ribbon. With the temperature hitting 34° by 9:30 in the morning the students and Mr Chamberlain set about washing the dozens of cars lined up on the grassed area near the admin block.

On a visit outside to take these photos the class appeared to be having far too much fun going about their task. The students were also getting a good hosing down in between car washes.

It was a fabulous effort raising over \$300 for White Ribbon.



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WHITE RIBBON BBQ



In another fund raising activity for White Ribbon, Woonona High School held a lunch time BBQ on Thursday 26 November. Once again, Mr Chamberlain and his Year 11 / 12 Work Studies class stepped up to the challenge and fed lots of hungry students and staff some delicious sausage sandwiches and cooling drinks.

The money raised will be added to our total before being presented to the White Ribbon representative at assembly in the coming weeks.

WHITE RIBBON FLASH MOB



At this weeks quad assembly Mr Rayner took to the stage to deliver some important information in regards to our White Ribbon program of events for the coming week (all of which have been reported on in this issue). All of a sudden areas of the student audience simultaneously erupted into a “flash mob” with loud music and impromptu dancing.

I had to look up what a “flash mob” was and the definition is “a group of people who assemble suddenly in a public place and perform an unusual and seemingly pointless act for a brief time”. The performance was definitely unusual and sudden and afterwards Mr Rayner explained that the act was to raise awareness and engagement with White Ribbon.

The dancing and music was fun, loud and energetic and certainly got the attention of students and staff.

Well done Mr Rayner for coordinating this entertaining event.

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MARINE STUDIES EXCURSION: LADY ELLIOT ISLAND



From November 9th to November 12th Year 9/10 Marine Studies students from Woonona and Corrimal High School were invited on an excursion to Lady Elliot Island Marine Park in the Great Barrier Reef. This was a joint excursion organised by Mr Wilson (Woonona) and Mr Laidler (Corrimal). Students met bright and early at Woonona train station at 6:30 and caught a train to the domestic terminal. While waiting for the flight to Hervey Bay the students happened to run into Justice Crew who were more than happy to stop and have a chat and pose for a photo.

After flying to Hervey Bay students caught a connecting flight to Lady Elliot Island on a small 10 seater plane. Going in everyone was a little nervous and the stormy QLD weather made the trip quite eventful.

Once settled into their eco cabins at Lady Elliot Island the days were passed by snorkelling with manta rays, reef sharks, turtles, big cod and beautiful coral formations. Between dives students learned about the sustainability of the eco resort and the fragility of the reef ecosystem. Guided reef walks and glass bottom boat tours provided amazing insights into the complex interactions that keep the reef thriving and in pristine condition.

It was widely agreed that the experiences of snorkelling in such a beautiful and pristine environment would never be forgotten and helped everyone to develop a profound appreciation for the beauty of the marine environment and the importance of conservation.

If you would like to see some video from the excursion visit the Woonona High School Facebook group and look for the Lady Elliot 2015 video.

Mr Wilson (Science Teacher)



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FAREWELL YEAR 12



Last Thursday evening, the 19th of November, staff at Woonona High School bade adieu to our current year 12 cohort. Year 12 students turned out in their finery and made first to the Botanical Gardens for pre-Formal photographs. It was a very warm evening and students were glad of the air-conditioned comfort afforded by the restaurant when they arrived towards 6 o'clock.

We celebrated in style at the Seacliff Function centre, with an evening of sumptuous food, cool music and a lovely ambiance. Staff and students alike enjoyed taking advantage of the photo booth provided by SnapQube, where we were able to go incognito, at least for the duration of a photo shoot. Naturally, there were hundreds (actually, thousands) of FORMAL photos taken too!

Everyone mingled, sang, and danced the evening away. I know I speak for my colleagues, as well as for myself, when I say we enjoyed the event and wish our current year 12 students a fond farewell. We look forward to hearing of their future endeavours.

Ms Epton Year 12 Advisor

P.S. I am in receipt of the formal photographs (CDs) already, so they can be picked up any time at the discretion of Year 12 students, or a nominated representative.



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VARIETY NIGHT WORKSHOP



On Monday the 23rd, Wednesday the 25th and Thursday the 26th of November, students from Woonona High School participated in a series of workshops held at the Wollongong Conservatorium of Music. The aim of these workshops was to build new skills and form ensembles as students begin preparing for our annual Performing Arts showcase, Variety Night. Around 45 students from Years 7 to 11 participated in vocal, dance, instrumental and technical workshops across the three days. The workshops were run by Woonona HS staff and outside tutors, including some of our talented ex-students who came back to help.

After rehearsing from 8am-3pm on Monday and Wednesday, and from 8am-5:30pm on Thursday, we were exhausted, but most of us managed to stay awake just long enough to enjoy a few games of bowling and dinner at Northern Bowl to celebrate all of our hard work.

Much of the work completed at the workshops and at school will be showcased at Variety Night. Variety Night will be held on Tuesday the 8th of December at 7pm in the Woonona High School Hall. This year's theme is funk, and the title of our show is "WooTown Funk".

We would like to thank all of the tutors for their help, in particular, Miss R Sharp for her dedication and commitment in not only organising the workshops but also Variety Night. A big thank you also to Miss Pryor, Miss Kate Sharp and Mrs Arnold for all of their help. We would also like to thank our ex-students Izak Lucas-Parr and Shay Bagia for all their help!

Jay Archer and Bronte Petrolo, Year 10



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GIRLS WATER POLO

On Monday 16th November, the Under 15 Girls Water Polo team travelled to Berkeley Pool to compete in the Illawarra Zone knockout competition. Made up mostly of students who had never played before, the girls competed extremely well and with some training will be contenders for the crown in next year's competition. The girls are to be congratulated on their teamwork, confidence and sportsmanship. Special mention to goal scorers Zara Sharman and Bronte Eady, and to Phoebe Austin and Hayley Walker for wonderful performances in goals. Any students, male or female, interested in getting involved in Water Polo next year, are encouraged to stay tuned for school-run training sessions to be held in the near future.



Miss Walker
(English Teacher)



Our girls water polo team were congratulated for their efforts at quad assembly this week.

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YEAR 8 GO KARTING AT C1 SPEED IN ALBION PARK

On the 20th November Year 8 students had the opportunity to test their racing skills at C1 Speed in Albion Park. The excursion was organised due to the positive manner with which Year 8 have conducted themselves overall throughout the year. Students registered their group of seven whom they would like race against. Mr Zubovic and myself also signed up to challenge the students.

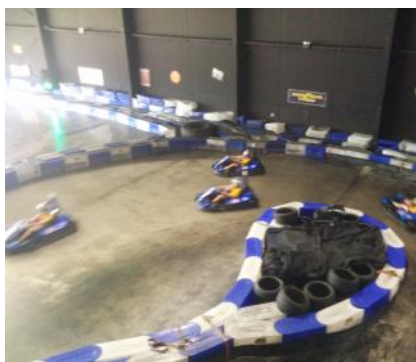
First to race was a group of boys with Jacob Keene posting the fastest lap of the day, and the top 10 fastest lap of the week. The top racers of the year group were all within 1 second of each other.

Every student was able to do 25 laps of the circuit with no major injuries or collisions. The fastest racers of the day then had a final race with Sean Donnelly coming first and winning a \$20 iTunes voucher for his efforts.

Overall it was a fantastic day for all involved. Students should be congratulated for their excellent behaviour and manners. It was great to see the students outside of the classroom and developing their friendships.

Mr de Main

Year 8 Adviser and Hospitality Teacher



YEAR 9 FOOD TECHNOLOGY



The Year 9 Food Technology class were certainly enjoying their class last week. They made (and enjoyed eating) delicious Nutella Torte.

The class made the tortes then painstakingly decorated them with chocolate and figurines.

Yum!

Thank you Mrs Mete for these photos.

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BARISTA TRAINING



On Thursday 19 November, Year 11 Hospitality students were given the opportunity to take part in a Barista course.

The Barista course was run as part of their VET Hospitality course. The course covered areas such as frothing milk, making espresso and how to clean and maintain the machine.

In the VET hospitality course students undertake to complete a range of competencies and work experience that will lead to a Certificate II qualification in Hospitality by the end of their time at WHS. This qualification is nationally recognised and the Barista training that they attended not only counts towards this qualification but is also a valuable skill for those seeking part time work in cafes etc.

ILLAWARRA SCHOOLS EXCELLENCE IN VOCATIONAL EDUCATION & TRAINING AWARDS



Congratulations to year 12 students Matt Harrison and Nia Flahive who recently received awards at the Illawarra Schools Excellence in Vocational Education & Training (VET) Awards evening. The event was held on Tuesday 10 November 2015 at the Sage Hotel in Wollongong. These awards recognise the extraordinary achievement of Matt who completed his certificate II in Construction and Nia who completed a certificate II in Hospitality. Matt has already secured a carpentry apprenticeship and plans to

complete further study to become a builder. Nia has been accepted into Wollongong University and plans to study Commerce.

In 2015, a total of 59 local students were nominated, in some cases by both their school and host employer. They were then interviewed and assessed by a panel of education and industry representatives as worthy recipients of a Certificate of Excellence in Vocational Education & Training.

Once again, congratulations to Matt and Nia, we wish them both the very best in their future endeavours."

Mr Bradley (VET Teacher)

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Red Day for Nepal

The SRC are organizing a **Red Day**, Friday, Week 9 to raise money for *Food for Life: Nepal* (FFLN), in association with our local Rotary Club. FFLN is a program based on the belief that one meal a day brings thousands of children to school. Malnutrition is the main cause of death for as many as 50,000 Nepali children each year and by the end of 2015 FFLN hopes to serve 1000 meals a day to children who come from an under-privileged background.

To help the needy in Kathmandu, volunteers are doing all they can to reach as many people as possible, despite the challenging conditions after the earthquake in April this year. In Sankhu (16 km from Kathmandu), the houses along the road had been destroyed and debris lay along the pavement of the road. The people there are without food and shelter. This is why we are having a fundraiser to support *Food for Life Nepal* and help the needy. Everything we raise is going straight to this appeal.

We chose the theme **Red Day** because crimson red is Nepal's national colour and the main colour on their flag. The flag was adopted after Prithvi Narayan Shah unified all small principalities of Nepal. In modern times the concept of the flag has changed to have a different meaning. The blue border symbolizes peace and harmony and the crimson red indicates the brave spirits of the Nepalese people.

By Kane Dorrian and Angus Smart (Ms Bolam)

RED LOLLIES

RED ACCESSORIES

RED DRINKS



CHRISTMAS MERINGUES & "CHANGE FOR CHANGE".



This week in the canteen Mrs Mete could be found busily selling gorgeously decorated meringues. The meringues had been decorated in a Christmas theme and were sold at recess. Not only did Mrs Mete sell the meringues she had spent many hours cooking and decorating them too. The treats were sold as part of the fundraising efforts to raise money for Nepal.

Along with the many treats that have been sold over the past few weeks for the Nepal fund raiser "Change for Change" has also been gathering momentum. At this point \$110.50 has been collected from staff and students who have been donating the spare change from purchases at the canteen. A fantastic effort!



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WOONONA HIGH SCHOOL SURFING— CALENDAR OF EVENTS

See Mr Landy for more details and permission notes

2015

Sunday 29th November

- ◆ Woonona Boardriders Free surf coaching sessions for all levels of surfers, 16 years and under
- ◆ See the flyer at end of newsletter

Saturday 5th December

- ◆ Disabled Surfers Day at Thirroul Beach. See the flyer later in the newsletter.
- ◆ It is hoped that many students will support this great cause. Mr Mucci, Mr Landy & Mr Chamberlain will be in attendance and students who attend will be supervised when in the water. Unfortunately they are not able to be supervised once they leave the water at the event.
- ◆ Tuesday 15th December "Surfari ", end of year surfing trip
- ◆ Wednesday 16th December School Surfing "Contest" Social Day



END OF YEAR ACTIVITIES

Woonona High school attempts to give all students an all round education.

The last week of term 4 (Mon.14th, Tues. 15th and Wed.16th December) students will participate in 3 activities (one for each day). Some of the activities are at school and are free or minimal cost to pay for materials used. Other activities do have a cost especially if bus travel is needed and an outside venue is hired. Please discuss with your child considering cost and travel.

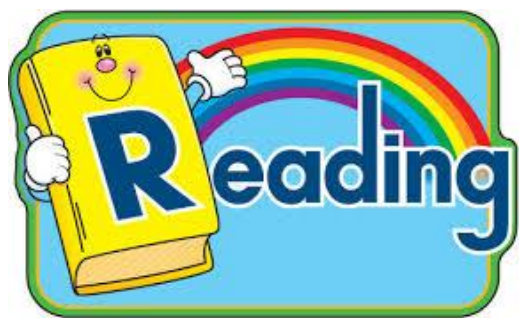
Activities are:

Xmas craft and decoration making (\$2), board games at school, ball games at school, computer games at school, surf competition (Woonona beach), surfing at the Farm (mini bus fare), Wake boarding in Sydney(\$60), surfari (bus fare), movies in Wollongong (train fare), retail therapy in Wollongong (train fare), robotics at school (\$2), snorkelling (must have own gear, mini bus cost), bike riding and swim (along cycleway), bushwalking (Sublime point and local Illawarra area), Live theatre in Sydney, Art gallery in Sydney (train fare), big day out at Minamurra, Boneyard and Mystics beach (bus fare), Monster skate park in Sydney (\$40), barista course (\$50 plus certificate at conclusion of the day), ice skating at Canterbury (\$7 entry plus bus), beach games/swim (Woonona beach and pool). Any further enquiries to Ms Sim.



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THE IMPORTANCE OF READING AND HEALTH



5 Ways in which reading matters for your children's health by Dr Laura Bailet

Reading is the single strongest predictor of adult health status. Research shows that your reading level is a powerful predictor of your health as an adult. It helps determine your academic success, job opportunities, and income.

Reading difficulty is a major child health concern. Learning to read is an important childhood milestone, just like learning to walk and talk. When a child struggles with reading, it can affect learning, behaviour, emotions, and even physical health.

Reading readiness screening is an important part of developmental monitoring. The brain foundation for future reading success starts building from birth, through lots of talking, reading, singing, and playing with your child. Just like hearing and vision, checking your child's reading readiness progress, starting at age three, is an important health activity. If your child is on track, you will be reassured that you are doing the right things to help her prepare for future reading success

Reading helps kids cope with medical problems. Reading is a great way to learn about a medical problem you are facing, and many children's books are written for this purpose. Reading with your young child about characters facing similar health problems can help him feel less alone, understand the problem and aspects of treatment, and learn positive coping strategies

Books are great companions for sick days. When your child needs to rest indoors while sick, books can help fill the time, bring new places, characters, and experiences into his world, and, if you are reading together, offer special bonding opportunities.

Library Report

Mrs Patricia Roddis

Teacher Librarian



CAREERS

TAFE Illawarra Choices Day December 5; There are no further details yet, but if you want to or are unsure that you would like to attend TAFE next year you should attend. You can speak to teachers and advisers and enrol on the day.

UOW Options Day; 5 January 2016 the University of Wollongong will host their annual Options Day, just before UAC preferences must be finalised for the 'Main Offer' found on 6 January. If your ATAR is higher or lower than you expected or hoped and you are unsure of your options you should attend; TAFE Illawarra and UOW College will be there on the day.

NSW DEC Careers Advisory Service, A special service run each year from 18-23 December right after you receive your ATAR results. It can be accessed on www.cas.det.nsw.edu.au or by phoning 1800 300 687.



Mr Chamberlain
Careers Adviser

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CENTRAL AUSTRALIA 'SPLENDOURS OF THE OUTBACK' EXCURSION 2016

Dear parent/carer,

We are now in a position to commit to the 2016 '*Splendours of the Outback*' excursion. The updated itinerary has been attached for your information, as has the estimated costing. **Please note the final cost is dependent upon actual student numbers and airfares at the time of booking.** We hope to have between 25 to 30 students committed to the tour. To date 32 expressions of interest have been received. However, our final fine tuning of numbers/costing will not be available until deposits are received.

An **initial deposit of \$350.00** is required by **Friday 11th December**. This should be deposited through Woonona High School which will then forward same onto the tour company, G.E.T. Educational Tours.

The second instalment will be due by the end of Week One Term 1, 2016. This will be for the amount of **\$500.00**.

Further instalments (based on 30 students attending at approximately \$2152.00, total cost) can then be made at your convenience; however **final payments must be received 30 days prior to departure, i.e. on or before the 17th September 2016**. Please contact either Mr Locke or Ms Packer if you require alternative arrangements

An information evening will be organised during semester one, 2016 where representatives from the tour company will be available to answer any travel queries.

Please return the tear off below, along with your deposit to our Administration Office staff.

Mr Russell Locke
Teacher - HSIE Faculty
Woonona High School

Ms Amy Packer
Head Teacher - HSIE Faculty
Woonona High School



Final date for Initial deposit : Friday 11 December

Deposit for (students name & Year) _____ for the amount of \$350.00 for the "Splendours of the Outback Excursion – 2016.

Parent/carer contact details: **Name:**

Phone:

Email:

If interest falls below 30 students another meeting will be called as this will affect the final price by approximately \$150.00-\$200.00. This will be the final time to either commit to the tour or for the school to have cancel the excursion.

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Surfers!

Help out at our 23rd



Thirroul Beach "Hands on Day"

run by the South Coast Branch of the DSA for the Region's Disabled Participants with the assistance of surfers, local schools and the general public

WHEN? Saturday 5th December 2015,
9am - 1pm. BBQ lunch is free to all registered attendees.

WHERE? Thirroul Beach – 9am sign-in on the grassed area on the southern end of the Thirroul Ocean Pool.

COST? \$10 for participants, free to all volunteers, family members and supporters



Taj Burrow says –
"What's your problem? Give them a hand – I do so whenever I'm at home – sweet!"

Other South Coast events this season:
Mollymook Sat Nov 21, 2015; Gerroa Sun March 27, 2016
Don't forget the National Event at Collaroy Sat 27th Feb 2016

→ for all other 15 branches' timetable of events check out <www.disabledsurfers.org> ←

For more info contact Ian on 0421601222, Sandra on 0402 806 622 or Jim on 0458759999

****All participants receive a surfing medallion on the day****

"Smiles On Dials"

SCHOOL TRANSPORT SCHEME

Visit transportnsw.info/school-students or call 131 500

The school has been notified by NSW Transport that the old "Bus Pass" has now been replaced by the "School Opal Card".

The School Opal Card gives eligible students free or discounted travel between home and school, using the bus or train.

Students who already have a travel pass do not need to apply for an Opal Card. It will be sent to school at the beginning of the school year in 2016.

An application is needed if the student:

- Has not had a travel pass before
- Is moving from Year 6 to 7
- Is changing schools
- Is changing address

To Apply

- Complete the application at transportnsw.info/school-students
- Print sign and date the completed application, then submit it to the school for endorsement.
- The school will send the endorsed application to Transport NSW. Once approved, the School Opal Card will be sent to the address provided on the application.

N.B A parent or guardian must apply for students 15yrs and under. Students 16 yrs and over must apply for themselves.

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Woonona High School

pinkribbon.com.au



Cancer
Council



Pink
Ribbon

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Australian Government

Office of the Children's eSafety Commissioner

How to report cyberbullying material



1 Report the cyberbullying material to the social media service

2 Collect evidence — copy URLs or take screenshots of the material

If the content is not removed within 48 hours...

3 Report it to www.esafety.gov.au/cyberbullying-complaint

4 Block the person and talk to someone you trust

If you are in immediate danger, call Triple Zero (000).

If you need to talk to someone, visit Kids Helpline online or call them on 1800 55 1800, 24 hours a day, seven days a week.

OCES0001.1509

2015 CALENDAR TERM 4

Thurs 3 Dec	Year 6 Orientation Day
Fri 4 Dec	Stage 4 End of Year Celebration Assembly
Tues 8 Dec	Variety Night
Thur 10 Dec	Presentation Evening
Mon 14—16 Dec	Student Activities Week
Wed 16 Dec	HSC Results to students
Thur 17 Dec	ATAR Morning Tea
Thur 17 Dec	Staff Development Day
Fri 18 Dec	Staff Development Day

CANTEEN HELPERS TERM 4 2015

Mon 30 Nov	Karen & Lenore
Tues 1 Dec	Carolyn McQuiggin
Wed 2 Dec	Christine Core
Thur 3 Dec	HELP NEEDED
Fri 4 Dec	Angela Madden
Mon 7 Dec	HELP NEEDED
Tues 8 Dec	Karen Bate
Wed 9 Dec	Jo Meiers
Thur 10 Dec	Stephanie Cotterill
Fri 11 Dec	HELP NEEDED

Term Diary / Canteen / Uniform


austrain academy
Delivering Nationally Accredited Training

NEWSLETTER

Information

Hospitality Training

(Part Qualification SIT30713)

Fully subsidised by the NSW Government

***No fees for eligible students**

For further information contact Austrain Academy on 1300 20 40 20 or info@austrainacademy.com.au

Austrain Academy
Level 2, 65 Market St Wollongong

***Potential outcomes** - Austrain Academy is partnering with local Wollongong hospitality venues to offer work experience and potential employment for suitable candidates.

Units of competence include:

- SITHFAB201
Provide responsible service of alcohol
- SITXCCS303
Provide service to customers
- SITXFSA101
Use hygienic practices for food safety
- SITHFAB204
Prepare and serve espresso coffee
- SITHACS101
Clean premises and equipment
- SITHFAB203
Prepare and serve non-alcoholic beverages
- SITHFAB307
Provide table service of food and beverages

Limited Spots Available

***Smart & Skilled Eligibility Criteria Apply**

Training will conclude approximately mid December 2015 and will involve a work [experience component](#).

This Training is subsidised by the NSW Government

*Training & Assessment provided by Austrain Academy RTO Approval # 91269

Hospitality Part Qualification Information Flyer V5 2015



eat well be active.



WOLLONGONG CITY COUNCIL

SAFE DRIVER INITIATIVE



FREE WORKSHOP FOR PARENTS AND SUPERVISORS OF LEARNER DRIVERS

2015	MONDAY 20	JULY	SHELLHARBOUR CITY COUNCIL
	WEDNESDAY 19	AUGUST	KIAMA MUNICIPAL COUNCIL
	TUESDAY 8	SEPTEMBER	WOLLONGONG CITY COUNCIL
	WEDNESDAY 21	OCTOBER	KIAMA MUNICIPAL COUNCIL
2016	MONDAY 9	NOVEMBER	SHELLHARBOUR CITY COUNCIL
	TUESDAY 1	DECEMBER	WOLLONGONG CITY COUNCIL
	MONDAY 15	FEBRUARY	SHELLHARBOUR CITY COUNCIL
	TUESDAY 8	MARCH	WOLLONGONG CITY COUNCIL
2016	WEDNESDAY 20	APRIL	KIAMA MUNICIPAL COUNCIL
	MONDAY 23	MAY	SHELLHARBOUR CITY COUNCIL
	MONDAY 6	JUNE	WOLLONGONG CITY COUNCIL

WORKSHOPS ARE HELD AT WOLLONGONG, SHELLHARBOUR AND KIAMA COUNCILS

To help you with practical advice about:

- Supervising learner drivers
- Completing the learner driver log book
- Providing on-road driving practice and
- L and P Plate licence laws

An initiative of Wollongong, Shellharbour and Kiama Councils



BOOKINGS ARE ESSENTIAL

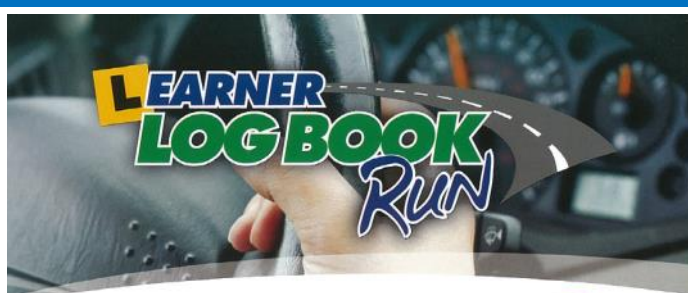
Workshops are held from 6.00pm - 8.00pm

Please contact Council for a suitable Workshop

WOLLONGONG CITY COUNCIL
Phone: 4227 7111
Email: rso@wollongong.nsw.gov.au

SHELLHARBOUR CITY COUNCIL
Phone: 4221 6124
or email
jenny.davies@shellharbour.nsw.gov.au

KIAMA MUNICIPAL COUNCIL
Phone: 4232 0444
Email: council@kiama.nsw.gov.au



DO YOU HAVE YOUR L'S?

Want to get more hours for your log book?

An opportunity for you and your supervisor to experience a variety of driving conditions including Police RBT, Speed Check and Driver Reviver.

Daylight - Sunday Runs are held at: Shellharbour & Kiama 10.00am - 12.30pm Wollongong 9.30am - 12.00pm

Nighttime - Tuesday Runs are held at 6.00pm - 8.30pm in Shellharbour & Kiama only.

All Learner Drivers Must Have 40 Or More Log Book Hours



2015	SUNDAY 14	JUNE	SHELLHARBOUR CITY COUNCIL KIAMA MUNICIPAL COUNCIL
	TUESDAY 14	JULY	SHELLHARBOUR CITY COUNCIL KIAMA MUNICIPAL COUNCIL
	SUNDAY 30	AUGUST	WOLLONGONG CITY COUNCIL
	SUNDAY 27	SEPTEMBER	KIAMA MUNICIPAL COUNCIL
2016	SUNDAY 15	NOVEMBER	WOLLONGONG CITY COUNCIL
	SUNDAY 20	MARCH	WOLLONGONG CITY COUNCIL SHELLHARBOUR CITY COUNCIL KIAMA MUNICIPAL COUNCIL
	TUESDAY 12	APRIL	SHELLHARBOUR CITY COUNCIL KIAMA MUNICIPAL COUNCIL
	SUNDAY 15	MAY	WOLLONGONG CITY COUNCIL
2016	SUNDAY 12	JUNE	SHELLHARBOUR CITY COUNCIL KIAMA MUNICIPAL COUNCIL

BOOKINGS ARE ESSENTIAL

Please contact Council for a suitable Learner Log Book Run:

WOLLONGONG CITY COUNCIL
Phone: 4227 7111
Email: rso@wollongong.nsw.gov.au

SHELLHARBOUR CITY COUNCIL, KIAMA MUNICIPAL COUNCIL
Phone: 4221 6124 or email
jenny.davies@shellharbour.nsw.gov.au

An initiative of Wollongong, Shellharbour and Kiama Councils. Supported by Lake Illawarra and Bulli PCYC, NSW Police, Illawarra Road Safety Group and the RMS.



To support learner drivers to become safer drivers on our roads, Wollongong City council is offering two free programs designed for learner drivers and their parents / supervisors.

Learn safe workshop for supervisors of learner drivers.

Supervisors of learner drivers are encouraged to attend this workshop to increase their knowledge and confidence in helping their learner become a safer driver. Learner drivers are also welcome.

Participants will gain practical advise on :

- Supervising a learner driver
- The Learner driver Log Book
- L&P Plate licence regulations
- How to encourage safe driving behaviours
- A light supper will be provided

When: Tuesday 1 December 2015, 6pm—8pm

Where: Wollongong City Council, 41 Burelli Street, Wollongong. Level 9 Function Room

Cost: FREE (Including a light supper)

This workshop will particularly benefit parents and supervisors of learners before they get their L's or in the early stages of learning. If your child or grandchild are planning on going for their L's before term 1 2016, register for this workshop.

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Community Noticeboard

PROJECT291
Communities can save lives

STRENGTHENING SURF AWARENESS



FREE SCHOOL HOLIDAY FUN
12:30pm – 3:30pm
Monday 18 January - Friday 22 January 2016
5 day intensive program for all High School young people
Children must participate in all 5 days to ensure they cover all of the skills & get maximum benefit from the program.
Taught at the beach by qualified instructors from Bellambi SLSC & swim training at Northern Stars Swim School.

- ▶ Build confidence & skills in and around the water.
- ▶ Enjoy a safe learning experience in vital Surf education.
- ▶ Opportunities to gain scholarships to further improve swimming and surf skills.
- ▶ Proficiency swim test including travel to & from Northern Stars indoor pool.


REGISTRATION @
Bellambi Neighbourhood Centre
49a Cawley Street
9am-3pm Monday-Friday
Registration closes Friday 8 Jan 2016
For more information contact Trish on 4285 3055 or Paula 0458 205 002 or contact your local school office.

Free lunch is provided. Places are limited. Booking is essential.

PROUDLY SUPPORTED & SPONSORED BY




JUNIOR WATER POLO COMPETITION



WEDNESDAY NIGHTS
Starts 27th Jan 2016
UOW Recreation and Aquatic Centre

Registration/Team Application at illwp.com

Modified Rules to suit different age groups.
Competition runs for school term 1, 2016.
Proposed Age groups - U/12/14/16. Team spots limited.
Skills and Training Program Monday nights, places limited.
enquiries: juniors@illwp.com
[f IllawarraWaterpolo](https://www.facebook.com/IllawarraWaterpolo) [i IllawarraWaterpolo](https://www.instagram.com/IllawarraWaterpolo)




Woonona Boardriders Junior Summer Sessions

You are invited to our Woonona Boardriders junior open days over summer

FREE surf sessions open to Girls and Boys from any level of ability:

- ✿ **Beginners:** Learning the fundamentals of surfing, right through to standing up on a wave
- ✿ **Intermediate:** Catching a green face wave, bottom turns, duckdiving
- ✿ **Little Rippers (Advanced):** There'll be judged heats for Under 14, and Under 16

Dates

Round 2: Sunday 29th November
Round 3: Sunday 20th December (Juniors only round)
Round 4: Sunday 31st January (also rego day for anyone who wants to join for the full 2016 year)
Round 5: Sunday 28th February

Come along to any or all of these dates

Time Sign on at 7.30am for an 8am start (we will finish juniors around 9.30am)

Place Woonona Beach or North Side, depending on conditions, look for the Woonona Boardriders tent



If you have any questions, we can be contacted on Facebook @ **Woonona Boardriders** or you can call Lucas (0418 589402) or Paul (0407 263308)

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Community Noticeboard

2016 High School Basketball

New Comp!



High School Mixed

School Years 7 to Year 9
Monday Afternoon

New !

Mens Comp

Tuesday Evening

Contact us for team /player registrations

Referees wanted

Passionate about sport and fitness. Earn money and keep fit as a referee.
We are seeking referees for our week night basketball comps.
Must be aged 14+

Contact us

Bulli PCYC in person, on
ph (02)42843878 or email bulli@pcycnsw.org.au
for more information

League Tag Illawarra



DO YOU HAVE
GIRLS INTERESTED
IN PLAYING LEAGUE
TAG?

**U12, U14 & U16 PLAYERS
WANTED TO PLAY FOR
WOONONA BUSHRANGERS
DURING 2016**



FOR MORE INFORMATION CONTACT:

Sarah Crimston - Woonona Bulli Bushrangers

Tel: 0402 271 975

**Draws will be formulated
so as not to clash with
Netball competitions**

Delivering excellence, innovation, opportunity and student success

Advertisement

The difference is in the detail.....

Ray White

*Rod Finlay - has joined the successful team at Ray White!
Call Rod today to discuss why you should list your
property 'for sale' with Ray White Woonona*

Ray White Woonona is a long established local business. Led by principals Rick Taylor & Troy Johnson who boast over 50 years of combined real estate experience

We proudly support numerous local sporting teams, surf life saving clubs & local schools. "Our aim is to achieve the highest possible price for your home with the minimum of fuss!"



Rod Finlay 0407 229 595 Rick Taylor 0403 305 315 Troy Johnson 0411 969 656

Woonona

Delivering excellence, innovation, opportunity and student success