Woonona High School EXCELLENCE INNOVATION SUCCESS

Issue No.16



WOONONA HIGH SCHOOL

UNIVERSITY OF WOLLONGONG

Partners in Quality Teaching and Mentoring programs



HIGHER SCHOOL CERTIFICATE

Year 12 students are in the midst of their HSC examinations, one week down a few to go! In speaking with them on Monday prior to their English paper most were feeling nervous but quietly confident. We certainly wish them all the best in the coming weeks.

Again I would like to thank all those staff who held additional classes and workshops for Year 12 students throughout the recent holiday period and Mr Stephen Boyle who held additional general study sessions each day, our staff's dedication and commitment to students is remarkable.

You will read later in this edition the fantastic number of Year 12 students who have received early entry into University of Wollongong degree courses, some students have been given offers of two or three courses from which they may choose! Congratulations to each of those students and in particular to Mr Chamberlain who greatly assisted the students compile their applications.

YEAR 11 are embarking upon their HSC course and it was a pleasure to interview each of the students yesterday following the distribution of their end of Year 11 Preliminary Reports. Next Monday evening all students and parents are invited to attend a HSC information session, I strongly recommend all students attend. A number of information sessions, workshops and activities will be delivered to Year 11 students this term to ensure their focus, preparation and planning for a successful HSC in 2014.



VOLUNTEERING

Woonona High School prides itself on the large number of students who regularly engage in giving back to the community by volunteering in a vast array of activities. Two students recently were involved in inspiring volunteering programs. Congratulations to Taylah Carter and Adrian Myers; read their stories within this edition.



Taylah Carter, pictured above and Adrian Myers and his brother Justin, below.



PARENT PAYMENTS ONLINE

We have had many requests by parents for the facility to make payments online. Parents may now make credit card payments online. Simply log onto our website, click on the icon and follow the prompts. Further information is included within this newsletter.

INSIDE THIS ISSUE

Page 2	At Assembly this Week
Deen 2	UOW Early Entry
Page 3	Year 11 Visual Art Excursion
Page 4	The Poetry Object 2013
Page 5	7A Shape Modelling
	Volunteer Adrian Myers
Page 6	Important Events this Term
Page 7	Volunteer Taylah Carter
	Sport Report
	Chaplin's Corner
Page 8	Careers
Page 9	Term Event Calender
	Canteen helpers
11, Page 10	Community Notices
Page 12, 13	Advertisements

AT ASSEMBLY THIS WEEK



2014 SRC EXECUTIVE

At the end of last term students and teachers voted for the 2014 SRC Executive. The winners were announced at the Year 12 Graduation Day Ceremony. At assembly this week parents and carers were invited to watch Ms Belinda Wall present the Woonona High School SRC executives for 2014 with their badges.

The 2014 School Captains are Reece Matheson and Emilee Turcato. Vice captains are Luke McKellar and Kate Stewart and Secretary is Kirsten Armstrong.



ICAS ENGLISH COMPETITION

The International Competitions and Assessments for Schools (ICAS) English assesses reading and language skills in a range of contexts. Students read a variety of texts and are required to locate, identify, interpret, infer and synthesise information in and about the texts. Students attempt a number of papers and within each paper the texts which students read increase in complexity.

Two of our year 7 students have achieved in the top 20 students from NSW. This week at assembly these students were presented with Certificates of Credit for the International ICAS English Competition. The students were Jade O'Brien and Nicholas Turner.

SOUTHERN STARS

At the end of August the annual musical event Southern Stars was held at WIN entertainment Centre. This year Woonona High School had a large cohort of performers and production members to the annual event. These included dancers, production assistants, orchestra musicians and choreographers. The group is pictured here with Mr McDermott & Ms Rhiannon Sharp both of whom devoted many hours coaching, training and supervising our students as well as helping with the production overall.

These students were presented with participation certificates at assembly this week.



EARLY ENTRY ADMISSIONS TO THE UNIVERSITY OF WOLLONGONG.

This year an unprecedented number of Year 12 Woonona High School students have gained Early Entry admission to the University of Wollongong. Early entry means that these students have a guaranteed themselves a place at UOW for commencement of a degree next year, before they get their ATAR marks.

Early entry placements are based on the students Year 11 Yearly examination marks, the Year 12 Trial HSC examination marks, a recommendation by a teacher from the school and finally an interview process conducted at the university.

Mr Chamberlain (our careers adviser) was instrumental in encouraging the students to apply, guiding them through the process and ensuring all documentation for their application was supplied. Ms Belinda Wall (our Principal) organised for a representative from UOW to come to the school and talk to the students about the interview process and what to expect. The students all agreed that this was extremely helpful in their preparation.

Well done to all these students and good luck for your studies at university.

** PLEASE SEE IMPORTANT INFORMATION IN REGARD TO THIS ON PAGE 7 OF THIS NEWSLETTER.**

YEAR 11 VISUAL ART EXCURSION

Yr11 attended a Visual Arts enrichment workshop, "Drawing the Urban Landscape "at Wollongong City Gallery on Friday 11th October. This workshop involved students meeting with artist Robert Clinch to discuss his exhibition "Fanfare for the Common man" and learn about his specific artmaking processes.





Local artist Kathryn Orton then held a drawing workshop where students learnt various drawing techniques with the local urban landscape as their subject.















Earlier this year students from Woonona High School were invited to submit original poems into a competition run by the Red Room Company. Students were asked to write a poem based on an object that has special significance to them, called a Talismanic Object.

The Red Room Poetry company is a not-for-profit organisation based in Sydney. They promote and publish poetry in unique ways.

Students from 41 schools, participated. These schools being from NSW, QLD, SA NT, TAS, New Zealand and even China. Woonona High School received notification this week that a poem submitted by one of our students, Kale Ephraims (Year 7) had been short listed for the Poetry Object 2013. This is an amazing accomplishment given the scope of entries. The poem he submitted is called Magnets:

Magnets

Two polished oval pebbles. Rattling like a radiator. Hung up on the fridge holding some pictures. Or used for an extra button. They're also attracted to their neighbours. If you're missing a button you could use magnets instead until it's fixed. They're useful like an extra button.

- Kale Ephraims, Year 7



The Red Room organisation said that they were amazed by the imagination, descriptive language and creative spirit of all students involved. "From arm casts to army tanks, snow

globes, instruments, pens and treasured pets, we've now published over 1150 poems about the talismanic objects students and teachers hold dear." The organisation also said that the standard of poems had been extremely high.

Published below is a complete list of the short-listed entries for the Poetry Project 2013.

Winners will be announced on November 18th to coincide with The Poetry Object exhibition at Customs House Library, on display from November 18, 2013 - mid January, 2014.



rsham Public School, NSW Blue Heart', by Cassia, Year (

THE HOMEWORK LEARNING CENTRE

The Homework Learning Centre is open in the school Library every Thursday from 3pm to 4.30pm.

Specialised teachers are on hand to help students and a light afternoon tea is provided.

This is an excellent opportunity for students to use the school resources and teacher's expertise to complete homework, assignments and study notes.



7A SHAPE MODELLING LESSON



Mrs Sim's Year 7A Mathematics class recently took part in a "Shape Modelling" lesson. The students had to decide what shapes to make and then go about constructing their chosen shape. The class thoroughly enjoyed their lesson and as can be seen from the very colourful and interesting shapes produced the students all excelled at their task.

The students that participated were: Thomas Camilleri, Lawson Charlesworth, Akeylah Colvin, Zoe Connery, Keeley Corey, Erin Flannagan O'Brien, Jack McConnell, Ruby Meiers, Indilee Nipperess, Laura Stewart, Tristin Verhaaf.

IMPORTANT MESSAGE FROM CITY RAIL

City Rail has recently informed the school that as of the 20 October 2013 their rail timetable will change. This will impact on students travelling from the south by train to school.

On the old timetable the train that most students would have caught arrived at East Woonona station at 8.19am allowing students 11 minutes to walk from the station to school. With the new train timetable (as of Monday) this train will now arrive at the station at 8.23am leaving 7 minutes to walk from the station to school.

With 4 minutes less to get to school students are reminded that they will have to walk directly to school and not dawdle if they are to arrive on time.

Students should also check the times that this train will be leaving from their station. This can be done by going to the City Rail website and viewing "My Trip".





YEAR 7 STUDENT VOLUNTEERS AT DISABILITY TRUST CAMP

Our Year 7 student Adrian Myers spent last weekend at the Disability Trust Camp at NSW Sport and Recreation Camp, Broken Bay.

He attended as a volunteer (which he has done every year for the past 3 years) to support his brother Justin and his friends with the activities and at meal times.

Adrian and the group travelled by bus then boat in fine sunny weather to get to Broken Bay. They stayed in dorms with at least 10 others in the room.

At meal times (which included vegetables, sausages and other home made foods) the volunteers were given a choice of doing the dishes or helping out with activities.

The activities that Adrian helped organise and also enjoyed included soccer, canoeing and the flying fox. According to Mrs Myer, Adrian was talked into trying the flying fox and finally after three years, despite a fear of heights, he took the plunge. All were very proud of him and Adrian said that he enjoyed the experience.

Canoeing also proved a popular activity even though a few of the campers fell out of their canoes several times!



his brother has epilepsy and learning difficulties but

because he enjoys the experience and working with other disabled people. Adrian's brother Justin cannot read or write and Adrian spends much time supporting him. Well done Adrian! Woonona High School is very proud of you.

IMPORTANT EVENTS THIS TERM.

Welcome back, hope everyone had a happy and restful holiday. Term 4, traditionally a very busy one, is shaping up to be full of events and happenings. At present our 2013 Year 12 cohort are in the middle of their HSC examinations and for the 2014 Year 12 cohort there is an information evening on Monday 21 October at 7pm in the school hall.

Year 5 students from our local public schools will be here to enjoy a day of "sample" lessons on 28th October.

Year 12 VET subjects (Metal & Engineering, Hospitality and Construction) will all do their work placements this term and Year 10 will complete a week of work experience.

The Year 7 2014 Orientation Day is on 4 December and the annual Presentation Evening is on the 13 December.

Many other events and activities are planned.

Hopefully all students will be working hard and enjoying the

HSC EXAMS

The HSC examinations are in full swing with most students having started the examinations last Monday with the English Standard and Advanced Paper 1 and then on Tuesday with the English Standard and Advanced Paper 2.

Hopefully all our students are well prepared for all their examinations, with many having attended special study lessons that were organised for the school holidays.

Good luck for the rest of the HSC examination period and hopefully all Year 12's hard work will result in many students being very pleased with their results.

HSC results will be available online and by SMS on Wednesday 18 December. ATAR's will be available the following day.



YEAR 7 2014 ORIENTATION DAY

The Year 7 2014 Orientation Day is on 4 December 2014. The day provides parents, carers and students of next years Year 7 cohort with important information and an opportunity to purchase uniforms, Year 7 book packs and apply for travel passes etc. Students are given the opportunity to familiarise themselves with the school and to be introduced to their Year Adviser for 2041, Mr Michael De Main and other teachers.

Notes in regard to this will be sent to all students enrolled at Woonona High School for 2014.

YEAR 12 2014 INFORMATION EVENING

The Year 12, 2014 Information Evening for parents, carers and students will be held tonight (Monday 21 October) starting at 7pm in the school hall.

The evening is very informative with representatives from the Board of Studies as well as the Principal, Deputies, Year 12 teachers and our Careers Adviser Mr Chamberlain on hand to explain HSC procedures and policies and to answer any questions you may have.

For students and their parents / carers to understand the HSC and the options available it is highly recommended that they attend the Information Evening.

A note has been sent home with students in regard to the evening.

YEAR 5 SAMPLE LESSONS

Students from our local primary schools are invited to Woonona High School on 28 October to enjoy "sample" lessons for the day.

Last year the students enjoyed Science, PE, Mathematics and Art lessons.







As part of Woonona high Schools intensive integration program it is an important day for the students to become familiar with

the school and to build relationships with other students.

2013 ANNUAL PRESENTATION EVENING

The 2013 Annual Presentation Evening will be held on 13 December, 7pm in the school hall. The evening is held to celebrate academic, sporting and community achievement. Leadership, Service to the School and the Community of School awards will also be presented.





WOONONA HIGH SCHOOL VOLUNTEERING PROGRAM



At Woonona High we have a proud history of students volunteering within the school and outside in the community. While many teenagers spent their school holidays hanging around with their friends, Year 9 student, Taylah Carter travelled overseas to a village just outside Port Villa in Vanuatu.

Taylah was part of a 13-member team connected to Tarrawanna Salvation Army church. The group's mission was to build a 9000-litre concrete water tank for the community to provide clean drinking water. Taylah also spent time with primary school children in the rural village, reading books and sharing games.



While living conditions were very basic in the village, she was moved by how happy and contented people were even though they had so very little. She also said her volunteering experience helped broaden her outlook on different cultures.

Mrs Roddis

Volunteer Coordinator

SPORT

travelled to NZ for an inter country tournament. Georgia is deserving of her selection. She has represented the school, zone and area in many sports at Woonona High. Georgia is an excellent touch player and has represented our school at the highest level in NSW. Georgia is also an exceptional

Congratulations to Georgia Thomas, Year 10 on her selection in the Australian Oztag team. Georgia has

basketball player and has again represented at school, zone and area. Georgia was a valuable member of the Woonona High basketball team that came third in the National championship. Georgia has made outstanding contributions to sport at school.



Ms Sim Sports Organiser

CHAPLAIN'S CORNER

Breakfast Club has started up on Tuesdays!

Students can now receive a free breakfast of pancakes, toast, cereal and a glass of milk on Tuesdays and Thursdays, at the canteen. Come along and make use of it. A big thank you particularly to Country Valley milk who have doubled their weekly donations to keep us going, and to the great team of volunteers from Woonona Presbyterian Church.

My FRIENDS has kicked off this week for Year 8s in Roll Call 4 and 5. This coming week we will be looking at the 'F' of 'My FRIENDS' which stand for 'feelings' - I am the boss of my own feelings. We will learn some ways to regulate our feelings and learn some empathy for other's feelings. I hope the program continues to build resilience in the students and that they can enjoy some time with each other learning some skills for coping with life!



Mr Chamberlain

UNIVERSITY OF WOLLONGONG "EARLY ADMISSION"

YOUR CAREER

->

Congratulations to our HSC students and the amazing result of twenty six students being offered "Early Admission ".

The University of Wollongong (UOW) has experienced significant difficulty with its "Early Admission" process. As I understand it, approximately 180 offers for Early Admission were incorrect. This is just under ten percent of the total amount of "Early Admissions" offers that have been made. The majority of these incorrect offers were in the Faculty of Law, Humanities and Arts. The university is doing everything it possibly can to rectify this situation as painlessly as possible for students.

This year approximately three thousand students applied for "Early Admission" and approximately two thousand one hundred offers were made.

Please note that all students that have received an "Early Admission" offer do have an offer, BUT, it is possible that they were offered the incorrect course. For example a student may have been made an offer for Law; their first preference, whereas the offer that they should have received is for a Bachelor of Arts.

There are also a number of students that have not been contacted yet.

The university is bound by The University Admissions Centre (UAC) policy that prevents them from contacting individual students during the HSC exam period. Therefore if you have doubts regarding your offer you may call Uni Advice on 1300 367 869.

Students must note that in order to accept their "Early Admission" offer they must make this their first preference on their UAC application for the early round of offers by December 4. I highly recommend that if you have been made an offer accept it as getting into university is often the most difficult part of the university process.

For the main round of offers in January students may reorder or change their preferences. This means that you can have your early offer and still apply to more desirable courses. This must be done by January 4. On that day the University of Wollongong will host a large event staffed by academics to assist students with ordering their preferences.

Students applying for UOW should note that for Main Round offers in January they are eligible for **three extra points** towards their ATAR just by virtue of going to a Wollongong area school.

Students may also be eligible for **up to three additional extra points** for doing well (Band 4 and above) in subjects related to their degree of choice at UOW. (This means that you may be eligible for up to six extra ATAR points)

Please note that it also easy to change form one degree to another while at university, particularly when you are transferring within one faculty area; eg from a Bachelor of Arts to a Bachelor of Law. This is especially true for students that do well in first year studies; eg marks of seventy or above.

If you have any question regarding this information please contact me in the Career's Office.

TAFE NEWS

TAFE Illawarra enrolments for 2014 open 2 November.

TAFE Illawarra Course Information for 2014 is now online and can be found at the TAFE website <u>http://</u> www.illawarra.tafensw.edu.au/.

You may also call course information on 1300 766 123.

Booklets with course information have not yet been released as they are currently being printed. I will have copies of these booklets as soon as they become available.

TAFE Illawarra Pre Apprenticeship Courses

TAFE Illawarra are offering the following Pre-Apprenticeship Courses for 2014 in the following Trade and Technology areas. Please check your email for a schedule of pre apprentice ship testing dates as well as contact details of course administrators.

Engineering Bricklaying Drainage Electrotechnology (Career Start) Carpentry

TAFE Illawarra Information Day

The Northern Districts TAFE Choices Day is coming up on 2 November from 9am – 2pm. The Northern District includes Dapto, Shellharbour, Wollongong, Wollongong West and Yallah.

Other TAFE Illawarra Choices Day Info Sessions are being held throughout the Institute between Saturday 2 and Thursday 7 November (campus specific dates and times have been emailed to all year twelve students.

If you are wishing to enrol in TAFE for 2014 you will need to attend this Info Session.

Degrees @ TAFE Illawarra – Information Evening

TAFE Illawarra offers an exciting range of degree level programs and invites school staff, students and parents to learn more on Wednesday 16 October at Shellharbour

Campus. The Institute's three degrees include:

- Bachelor of Early Childhood and Care (Birth 5)
- Associate Degree of Accounting

Graduate Diploma of Leadership (VET Sector) The information session will be held on:

Wednesday 16 October, 6.00 pm – 7.00 pm, Shellharbour Campus, Building J, Ground Floor, Room 04.

TAFE states "With an enviable reputation for producing highly competent, industry-ready graduates, our programs result in positive outcomes for students for the following reasons:-

- Degree programs are developed in consultation with industry to ensure currency and relevance
- Courses focus on applied rather than abstract skills
- Smaller class sizes
- Caring and friendly staff
- Practical, student focused teaching strategies
- Seamless pathways between TAFE NSW Qualifications".

The session will provide excellent opportunities to speak with teachers and learn more about the reasons why a degree with TAFE Illawarra is the right pathway for your future.

PLEASE REGISTER via RSVP to illawarraBA.IT@det.nsw.edu.au

UI	PCOMING EVENTS
	TERM 4
Date	Event
21.10.13	Yr12 2014 HSC Information Evening
23.10.13	Yr 7 2014 Enrichment Day
28.10.13	Yr 5 Sample Lessons
4.11.13—8.11.13	Yr 12 VET Hospitality Work Placement
11.11.13 - 15.11.13	Yr 12 VET Metal & Engineering Work
	Placement
11.11.13	Remembrance Day Assembly
11.11.13 - 15.11.13	Yr 8 ESSA Online testing
18.11.13 - 22.11.13	Yr 10 Work Experience
21.11.12	SIPS & ISMS Showcase
25.11.13—29.11.13	Yr 12 VET Construction Work
	Placement
4.12.13	Yr 7 2014 Orientation Day
13.12.13	Presentation Evening 7pm
18.12.13	Last day for school day for students

October 21	Maryann Head
October 22	Kerrie Austin / Sue Boyle
October 23	HELP NEEDED
October 24	Janelle Te Pairi
October 25	HELP NEEDED
October 28	Anna Rindlisbacher
October 29	HELP NEEDED
October 30	HELP NEEDED
October 31	HELP NEEDED
November 1	HELP NEEDED
November 4	Wayne Regan
November 5	Jackie Overton
November 6	Chris Core
November 7	HELP NEEDED
November 8	HELP NEEDED
November 11	Nicole Richardson / Vacey Usher
November 12	Nicole Ficker
November 13	HELP NEEDED
November 14	Stephanie Cotterill
November 15	HELP NEEDED
November 18	Maryann Head
November 19	Susi Eager
November 20	HELP NEEDED
November 21	lda Rasch
November 22	HELP NEEDED

CANTEEN HELPERS TERM 4

Uniform Shop - Term 4 2013 Opening Hours

The Uniform Shop now has an email address. To contact Renae or Jackie for any enquiries regarding uniform orders please email them at <u>woononahs.uniforms@gmail.com</u>.

Uniform order forms can be downloaded from our website or they are available at the Front Office. The Uniform Shop is open each Thursday from 8.00am— 9.30am. If this time is unsuitable for you, orders can be paid for at the Front Office (Mon—Fri 7.45am to 3.15pm) and the items will be delivered to your child the following Thursday.



SURF'S UP FOR DISABLED SURFERS AT THIRROUL

Currently 8 high schools in the Illawarra encourage significant numbers of student volunteers to help at our Illawarra events. Volunteers are essential in making the day enjoyable and fulfilling for all and so we are asking for students to volunteer.

On Saturday 30 November the South Coast Branch of the Disabled Surfer's Association will be running it's 21st annual "Hands on Day" at Thirroul beach with everyone checking in between 9—9:30am at the tents set up at the southern end of the pool.

Our disabled participants, no matter how great the challenge, get the chance to enjoy what the rest of us take for granted—the beach and its waves.

Any student volunteer attending will have a great (and enlightening day) and certificates will be issued for their attendance. There will be more experienced volunteers on hand to help new volunteers.

Please see the flyer below if you are interested in this great experience helping others.

CHESALON

WOONONA ANNUAL



Saturday 26th October

We are asking for donations of craft items, cakes, jams, plants, books, cd's, dvd's, and good quality second hand items





Surfers! Help out at our 21st



"Surfers helping Surfers"

Thirroul Beach "Hands on Day"

run by the South Coast Branch of the DSA for the Region's Disabled Participants wi the assistance of surfers, local schools and the general public

WHEN? Saturday 30th Nov 2013, 9am -1pm. BBQ lunch is free to all registered attendees.

WHERE? Thirroul Beach - sign-in on the grassed area on the southern end of the Thirroul Pool this year.





COST? FREE to all volunteers and carers/ family attending: \$10 for participants,

Other South Coast events this season: Iollymook Sat Nov 16, 2013; Gerroa Sun April 6, 2014

Taj Burrow says -"What's your problem? Give them a hand - I do so whenever I'm at home - sweet?"

check out <www.disabledsurfers.org> For more info contact Ian 0421601222, Sandra 0402806622 or Jim 0458759999

All narticipants receive a surfing medallion on the day

Community Noticeboard



Transport New train timetables start Sunday 20 October

The NSW Government has released new public transport timetables to be introduced across bus and train services from 20 October. This applies to NSW TrainLink services in our local area.

You can access details of the new train timetable by downloading the new train timetable app "New Times" from the App Store or Google Play or visit the website newtimetables.com.au.



Children like *Sam* need YOU.



Call 02 4275 8575 for more information.

www.barnardos.org.au

Models used to protect privacy

Become a foster carer and give a child the opportunity to thrive.

We provide training, 24 hour support and equipment. Foster carers are exempt from the "Welfare to Work" program.

Barnardos

We believe in CHILDREN

With our support you can change a life.



FUN FOR THE WHOLE FAMILY

Friday, November 1, 7.30pm Saturday, November 2, 2pm & 7.30pm WIN Entertainment Centre, Wollongong

TICKETS ON SALE NOW VIA TICKETEK Visit www.ticketek.com.au Phone 13 28 49

Ticket prices include GST and booking fees. Transaction fees may apply

AssistSafety App

The AssistSafety App helps children learn protective behaviours. Using a hand IAssistSafety allows a child to identify 5 adults who they could ask for help if feeling unsafe. The hand assists children to remember their safe people. These 5 adults will help the child to be safe if they are scared, worried, sad or just need help. This App helps to give your child a voice in keeping themselves safe.

Available in Google Play or the Apple Store.



Student Memberships Now Available

Gain

Energy

Sleep Well



EnVie Woonona - Cnr of Campbell St & Princes Hwy Woonona Ph: 1300 510 510 enviefitness.com.au Now Franchising - visit enviefranchise.com.au

Delivering excellence, innovation, opportunity and student success

• No joining fee

• No ridiculous start-up costs

Love You

Look Good

- No commitment
- 5am to 10pm 7 days

love life

 Comfortable female environment with helpful staff that really care

Call 1300 510 510 today for a free 3 day mini membership to trial EnVie.



ADVANCED DENTAL SOLUTIONS

Suite 5, 12 Beverley Ave, Warilla 4296 2246 or 4296 7230 www.advanceddentalsolutions.com.au

Is your family due for a check up?



Bring your Teen Dental Vouchers for a <u>FREE</u> check up and clean before 31/12/2013 when they expire Visit

Illawarra's Gentlest Dentist Dr Paul Halley at Advanced Dental Solutions

Local resident Dr Paul Halley has owned and operated Advanced Dental Solutions in Warilla for over 10 years and will happily look after your smile – just like Paddington's!

