

WOONONA HIGH SCHOOL



"Wicked!"



EXCELLENCE INNOVATION SUCCESS

Newsletter

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2020

Wednesday 29 January—Years 7, 11 and 12 commence Term 1, 2020

Thursday 30 January—Years 8, 9 10 commence Term 1, 2020

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Principal's Report

At Woonona High School we have so much to be proud of in the achievements of our students. It has been a wonderful year with amazing achievements across all areas of the school. Whilst we have many, many very talented students, I must pay tribute to the also very talented staff, both teaching and non-teaching, who are able to bring the best out of the students.

The musical *Wicked* was one such example. As I was watching the show I kept hearing comments from the audience of surprise that these were really high school students. Their calibre and the standard of the performance were outstanding. So, a huge thank you to all the staff who were involved in *Wicked*. The Director Ms Kate Sharp, Musical Directors Ms Rhiannon Sharp, Mrs Rebecca Arnold and the other staff who assisted them to put together such a wonderful show. Mrs Trine Scott, Mr David Hoole, Ms Madison Bramley, Ms Iris McKenzie, Ms Sally Johnstone, Miss Amy Turner, Mr Ben Bradley, Ms Grazia Barbuto, Ms Carmen Mete, Mr Ben Bretag and Mr Brent Milligan.

Last week we welcomed 180 Year 7 2020 students who enjoyed their final high school Orientation session. It was wonderful to see their transformation throughout the day from slightly nervous in the morning to very confident in the afternoon and we look forward to them joining us next year.

Last week we also welcomed colleagues from Koganei Kita High School, Tokyo. The Principal, Mr Etsuko Sugimoto, came to Woonona High School to sign a sister school agreement, following the agreement he and I signed in Tokyo last year at his old school, Kitazono High School. Students from each of our sister schools will visit Woonona High School in July and August each year now, and we will visit Japan each year in September with Year 10 and 11 students, alternating between each school.

Planning for the school for 2020 is nearly there, but there are some staff who have been with us this year who are moving on next year to different challenges, who I must thank for their commitment to our school and to student learning:



Mr Rory Burt (PDHPE/Science)

Mr Nick House (Mathematics)

Mr Todd Moran (TAS)

Miss Madison Smith (HSIE)

Mr Herb Spargo (TAS)

Mrs Janelle Te Piri (Canteen)

Miss Eryn Te Piri (Canteen)

Miss Samantha Walker (HSIE)

Mrs Jenny Murray in the office will be retiring, after having served in our Administration Team since 2007. Jenny is a very respected, valued and hard working member of the school and we wish her well for her retirement.

And last, but not least, Mrs Marg Sim (Mathematics) will be taking leave from the school after 21 years at Woonona High School and a total of 47 years in public education – an unprecedented commitment to the development of young men and women. We wish her great happiness for the next stage of her life.

I wish each and every one of you a safe and wonderful break. I hope that you will all be able to nourish your body and soul, doing the things you love with the people that you love the most.

"Wicked"

**** A special CAPA newsletter will be issued next week. It will feature all the photos and articles from "Wicked" as well as news from all CAPA facilities. Keep an eye out!****

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Presentation Night 2019

Woonona High School's Annual Presentation Night was held on Thursday 12 December 2019. It was a chance for us to celebrate student achievements and recognise ongoing commitment to learning by students.

This year special guests who joined us for the celebration included : Mr Ryan Park (Member for Keira), Ms Sharon Bird (Member for Cunningham), Ms Michelle Sotiros (Relieving Director, Educational Leadership, Wollongong North Principals Network), Principals from our Community of Schools, Ms Yvette Murada from Corrimal Rotary, Ms Jess Flores- Bellamy from IMB Woonona and Ms Heidi Luyten President, Woonona High School P & C Association .

Major Awards included:

The A.J. Jenkins Award and The Caltex Medal - Best All-Rounder for the Greatest Contribution to the Corporate Life of the School
 ◇ Presented to Harrison Dabin

The G. M. Doyle Award for the Greatest Contribution to the School by a Junior Student
 ◇ Presented to Molly Dallacosta

The Member for Cunningham Award
 ◇ Presented to Jaida Way

The Australian Defence Force Long Tan Leadership and Teamwork Awards
 ◇ Presented to Phoebe Austin (Year 12) and Chloe-Lea Sullivan (Year 10)

Harris & Co Accounting Award for Excellence in Mathematics
 ◇ Presented to Jaida Way

Maths Online Award for Most Improved in Mathematics
 ◇ Presented to Tija Charlton and Payton Brown

IMB Junior Trophy for Excellence in the Performing Arts
 ◇ Presented to Kai Neilson

Woonona Community of Schools Awards
 ◇ Presented to Joshua Goodwin—Russell Vale Public School
 Layla Montgomery—Woonona Public School
 Hayley Arnold - Woonona East Public School

Most Conscientious Students - Year 11
 ◇ Presented to Jasmine Clayden and Caleb Howarth

Most Conscientious Student—Year 10
 ◇ Presented to Jaida Way

Most Conscientious Student—Year 9
 ◇ Presented to Brydee McDowall

Most Conscientious Students—Year 8
 ◇ Presented to Georgie Arnold and Kayla Turner

Most Conscientious Students—Year 7
 ◇ Presented to Annie Le and Finn Warburton

As well as these major awards over 60 students were recognised for their commitment to learning. A fantastic effort. Congratulations to all these students.



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Presentation Day 2019

Sporting Awards

Sportsman of the Year Presented to Angus Waddell – Year 11

Sportswoman of the Year and South Coast Blues Award for best performance in the South Coast Region

◇ Presented to Chelsea Jones—Year 9

Zone Blues Awards ◇ Presented to Angus Waddell - Triathlon

Benjamin Luyten – Baseball

Jade Van Duin – Swimming

Tess Stephens – Soccer

Billy Sargent-Wilson – Water Polo

CHS Representatives ◇ Presented to Mia Walsh

Imogen James

Chelsea Jones

Jade Timbrell

Jade Van Duin

Volunteering and Service Education Awards were presented to our hard working SRC members for 2019 and over 25 Principal's Awards were presented to students who had achieved the highest level of the school merit system.

Ex WHS student Izak Lucas-Parr was presented with the Directors Award for Contribution to Performing Arts and our Technical Production Crew made up of Sky Bardsley (Year 10), Caitlyn Davies (Year 11), Maxwell Lynch (Year 9), Tyler Wade (Year 9) and Ruby Martin (Year 8) were presented with awards for their efforts.

A huge congratulations to all students who received acknowledgement for their efforts during 2019.



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Students, their families and guests were also treated to some amazing entertainment during our Presentation Evening.

Keelah Walker (Year 10) performed "Popular" from our musical "Wicked". Aerialist Kai Neilson from Year 7 performed "Faded" and Ruby Martin from Year 8 performed "No Good Deed". Thank you to these students.

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Lady Elliot Island



On Wednesday November 27th at the cheerful time of 6:30am, 16 intrepid explorers from the Year 9 Marine and Aquaculture Technology course amassed at Woonona Train Station to embark on an epic adventure to Lady Elliot Island in the Great Barrier Reef. It may have taken a little time for our students to fully wake up, however, once the train arrived and our voyage began, the excitement started to build. To reach our destination we had to catch 3 trains, wait 2 hours at our gate, fly for 2 hours to Hervey Bay, survive another 2 hour wait at our gate and finally board a 12 seater plane to the island. Quite the journey!

On arrival and after a quick lunch and induction to the island, we excitedly scuttled together snorkelling equipment and headed for the 12metre glass bottom boat that would take us for an introductory exploration of the reef. We were greeted with vibrant coral, a huge variety of marine life and beautiful blue water. After 20minutes of travelling we reached our first snorkel destination and the 25degree water and 20+ metre visibility made for amazing snorkelling conditions. It wasn't long before we started seeing some of the reef's most famous inhabitants such as loggerhead and green turtles, reef sharks, parrot fish and supersized cod. Suffice to say the diving definitely delivered!

The first night was spent settling in and becoming familiar with the layout of the resort. The boys quickly set about filling their cabins and beds with coarse sand and unloading unimaginable quantities of 'supplies' (ie lollies and chocolates). The games room quickly became a popular haunt for games of pool, ping pong and cards (and the catching the odd episode of Dr Phil) and the beach volleyball court was also popular for a spot of Top Gun style intense gameplay. After dinner, a quick walk along the beach resulted in us spotting a large loggerhead turtle slowly making it's way up the beach to the higher nesting sands near the treeline. The new moon gave us an amazing view of the night sky and the sand was filled with brightly glowing bioluminescent microbes that lit up like magical sparkles in your hand.

There were shocked faces when the students were told they would be woken up at 6am for a morning snorkel before breakfast, however, this would prove a sleep in for most, with the sunrise arriving at 4:30 and bringing with it a deafening chorus of nesting seabirds (Lady Elliot Island is home to over 350,000 of them!!!). Morning snorkelling would become a routine during the trip and prove to be our best chance for seeing sharks and for one lucky smaller group a large manta ray!

Daytime activities included island tours, locating and identifying turtle nesting sites, guided reef walks, boat dives and snorkelling (and snorkelling, and snorkelling, and snorkelling - we spent over 6 hours in the water on day 2!). Words cannot adequately describe the beauty, diversity and health of the reef at Lady Elliot Island - it was the first 'Green Zone' marine park in the Great Barrier Reef and is listed as a world heritage site. Our students left the trip with a greater appreciation for the diversity of life in the Great Barrier Reef and their importance to the wider environment.

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Lady Elliot Island



The purpose of the trip was to put into context everything our students have learned about the marine environment, including working in marine research, conservation biology and ocean ecology. The behaviour of our students was exceptional and they were regularly commented on by the island staff. The only complaints heard during the trip were students asking for time for a nap and all agreed the trip was an experience of a lifetime. Keep an eye on the Woonona High Facebook page for a trip video and additional photos.

Some notable awards for this trip are:

Keenest Diver(s) - Nikki, Emily, Summer, Amy, Matilda

Sleepy Head - Liam

Most Excited About Everything - Bailey

Most Vocal/Last One Ready - Caleb

Best Diver - Max

Master of Disguises - Dean

10,000 Questions - Deklan

Ping Pong Pro - Flynn

#1 In The Commentary Box - Lucca

Bingo Master - Morris

Most Improved In The Water - Noah

Mr Accident - Tom



The students, Mr Wilson and Ms Laidler would like to thank the Lady Elliot Island staff for hosting us and looking after us. It was truly an amazing trip and something we will all remember fondly for many years to come.

Mr Wilson



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Illuminate Challenge - We Won!



Year 9 Commerce students participated in the Illuminate Challenge against other schools last week. After spending the week developing a basic business model, including the initial pitch, prototype, marketing and financial plans the teams were challenged with contingencies that they had to address and modify their plans to accommodate the events. The teams were scored by independent businesspeople from various organisations including Wollongong University, Daley and Co Accounting, KPMG and CPA. Both teams thrived on the challenges and worked really hard all week, resulting in success in several areas. Team One World, consisting of Kiri Crittenden, Chelsea Jones and Amy Poulton won the Best Marketing Strategy award. Team Urban Jungle, made up of Emma Cleaves, Vienna Pisana, Holly Sargent and Madeleine Saxby won 4 awards including Best Demonstration Hall Site, Best Short Challenges, Best Business Case and Financials and the major prize of Overall Best Solution.



These young women were wonderful ambassadors for our school and really exhibited the creativity, critical thinking, communication and collaborative skills the modern workplace is seeking. Throughout the week they demonstrated maturity and a willingness to listen to others and challenge themselves. They also made it a lot of fun.

Thank you for a great week, girls.

Mrs Mellor



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Year 10 Work Experience

Congratulations to Year 10 on their Work Experience placements in 2019.

They were butchers, bakers and almost everything except candlestick makers. This year over 90 per cent of Year Ten students have participated in Work Experience. Last week students experienced the daily lives of doctors, dentists, engineers and teachers as well fitters, carpenters, electricians and plumbers. They were also designers, merchants, marketers and baristas and many more than space permits naming.

An eclectic and adventurous cohort of Year 10 students sought Work Experience placements of real interest in order to help them prepare for life post HSC. And boy, did they do well. Employers in all categories of employment were lavish with praise for the performance of our students. Many saying that they would be happy to take Woonona High School students at any time.

Some students discovered that the job they believed they were well suited for was really not for them. This is another benefit of Work Experience; it helps students to know themselves better and make more informed decisions regarding their futures. Unless you have a 'go' you will never know what you may be cut out for.

Thank you to all Year 10 teachers that took the time to supervise students on Work Experience as well as administrative and executive staff for all their support in making Work Experience happen for Year 10.

Especially large thank you to all host employers that gave Year 10 students an opportunity to undergo Work Experience, it would not happen without your cooperation.

Mr Chamberlain

Careers Adviser



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Year 10 Visual Design

An authentic learning experience

The students in Visual Design have been hard at work this term on a PBL unit of work which focused on the driving question of, 'How can Visual Design and digital technologies best support performance events?'. They have worked with enthusiasm and interest on this year's production of 'Wicked' and have been involved every step of the way with the planning, preparation and making of a wide range of graphic products, set pieces, props and photographic material. This has involved a number of key elements to ensure all students were involved and learning from their experiences.

Firstly, students worked out strengths within the group to ensure everyone could contribute successfully to their chosen interest areas. Students had to communicate with each other and liaise with staff to discover production needs and research the theme to ensure consistency and expectations were met. Collaboration was vital, so communication and sharing of ideas was also ongoing and important throughout this term. Students worked independently to complete authentic production pieces ranging from a spectacular dragon, to the poster and a large map of The Land of Oz!

The results were spectacular, with a fantastic visual contribution to the production of 'Wicked'.

Well done to everyone involved!

Mrs T Scott

Visual Arts Teacher



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International Day



On Monday, 9 December 2019 Woonona High School celebrated International Day. As part of their English and HSIE studies, Year 10 students represented many different countries from around the world. They created stalls that celebrated the culture of their chosen countries, dressed up in traditional dress, provided other students with information about their country, created games for other students to play and sold traditional food.

The enthusiasm shown by the students was impressive and the stalls were creative and colourful and brought a taste of different cultures to Woonona High School. Highlights of the day included the welcome to Canada with fake snow, dabke dancing by the students representing Lebanon, the colourful Indonesian stall, the fruit cups from Fiji, the Spanish, music, the Vietnamese rice paper rolls, the pavlova from New Zealand, table tennis from Jamaica, the crepes from France, the tea from China and the potica bread from Croatia.

Students from Years 7, 8 and 9 voted on their favourite stall and the winner was Indonesia. Wollongong City Council also sent two members of the Multicultural Council to judge the students' stalls. They awarded the following places: 1st Lebanon; 2nd Indonesia; equal 3rd to Jamaica, Croatia, Canada, China and Fiji. Well done to all and it was great to see our staff in the spirit of the day with some great costumes as well!

Despite the tough conditions (very high winds) a fantastic day was had by all.



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South Coast Sporting Blues

Congratulations to Chelsea Jones on being awarded the “Ron Smith” trophy. This prestigious award is presented to the best performing student in the South Coast region in 2019. The South Coast region includes all schools from the Victorian border, out to Queanbeyan and up to Helensburgh. This is a well deserved award as in 2019 Chelsea was -

- ◆ School age champion, zone age champion and South Coast Age champion
- ◆ Won every event she swam in South Coast championships
- ◆ Won gold medals at the CHS carnival in 50 meters, 100 meters, 200 meters and the 400 metres freestyle
- ◆ Won gold medals at the All Schools swimming championships in the same events
- ◆ Selected in the All Schools team to compete in the Australian Swimming Championship
- ◆ Won 6 medals at Australian level

Chelsea will be presented with her award at a formal dinner this week. Chelsea is a worthy winner of the prestigious trophy.



Northern Illawarra Zone Blues

Congratulations to the following students on being recognised as the best in their sport in the Northern Illawarra Zone in 2019. The recipients received their awards at a formal ceremony held last week at Wollongong High School.

Benjamin Luyten - Ben received the senior award for baseball. Ben is a talented baseball and softball player who has represented our school, the zone and South Coast over several years.

Tess Stephens - Tess received the junior football award. Tess is a very talented soccer player who was selected in the school, zone and open South Coast teams even though she is only in Year 9. Tess is an exceptional defensive player who excelled at school level this year.

Jade Van Dunn - Jade received the senior girls swimming award. For 3 years Jade has been school age champion and zone age champion. In 2019 Jade was medaled at both the NSWCHS swimming championships and the All Schools championships. Jade is a talented sportsperson who for 4 years has represented the South Coast region in swimming, cross country and athletics.

Angus Waddell - Angus received the boys triathlon award. Angus is a talented sportsman who has represented the school, zone and South Coast in swimming, cross country and athletics for 4 years. Angus combined his talents to perform at an incredible level at the NSWCHS triathlon carnival.

Billy Sargent-Wilson - Billy received the junior water polo award. Billy is a competent swimmer who has represented the school, zone and South Coast for 3 years. Using his swimming skills Billy has developed into a valuable water polo player representing the school, the zone and South Coast in 2018 and 2019 in open age competitions even though he is only in Year 9.

Congratulations to all the award winners.



Benjamin Luyten



Tess Stephens



Jade Van Dunn



Angus Waddell



Billy Sargent-Wilson

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GRIP Leadership Conference

Members of the SRC successfully attended the GRIP leadership conference at the University of Wollongong. The day was excellent with the students learning about the many different aspects of leadership in schools. The SRC will look to use the skills learnt on the day at Woonona High School, in order to develop and build on the positive school culture.

Mr Milligan

SRC Coordinator



National Aspiring Leaders Summit

Congratulations Chloe-Lea Sullivan of Year 10, who has been chosen for the National Aspiring Leaders Summit. Here is what Chloe wrote about her upcoming summit:

From the 13th to the 17th of January 2020, I will be attending the National Aspiring Leaders Summit at Outward Bound. The National Aspiring Leaders Summit is an event for young people across Australia interested in developing necessary leadership skills to make a difference in their community. Youth all around Australia applied for this Summit through an in-depth questionnaire application, those who were chosen to attend have all expenses paid for including the Summit itself, travel to and from as well as the purchase of brand-new shoes. This five-day camp will be held at Outward Bound's National Base in Tharwa, ACT and during the camp we will be visiting Namadgi National Park. The Summit includes a residential and wilderness expedition component, which will include an overnight sleep-out at a campsite. Participants will be presented with a variety of challenges and opportunities that will help expand our understanding of ourselves and what I can achieve. I will be able to develop teamwork, leadership and personal skills, such as; Time management, social competence, achievement motivation, intellectual flexibility, task leadership, emotional control, active initiative and self-confidence. Throughout the Summit we will be asked to identify a community project or initiative we would like to engage or bring forward to our community when returning home.

Chloe-Lea Sullivan



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Orientation Day



On Tuesday 3 December , Woonona High School held Orientation Day for our new Year 7, 2020 cohort.

The day started with students being organised into their classes for next year. It was also a chance to meet their teachers and reconnect with friends and peers that they have associated with during their transition days this year.

Students attended class activities and enjoyed lunch together before their final task—a peer support exercise involving lots of newspaper and sticky tape!

Students were asked to create a dress up costume that started with the letter “C” (“C” for Miss Cohen their Year adviser for next year). Students were extremely creative with a camel, chopsticks, a calculator, a cricket player, a chef and a Christmas edition all being created. There was also a Miss Cohen!

Students all enjoyed the day and are very excited to be joining us here in 2020 for the next stage of their formal education.



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Year 9 Forensic Archaeology

You can't say that classes at Woonona High School are boring! Snapped here are Miss Cohen's Year 9 Forensic Archaeology class completing an archaeological dig as part of a Woonona High School murder mystery activity. We hope they found out who's bones they were!



Congratulations Nia!

Each year a number of Year 7, 9 and 12 WHS Geography students participate in the Australian Geography Competition. In 2019, we have had a range of excellent results with students receiving credits, distinctions and outstanding levels of achievement. Year 7 Nia Fleury came first in Year 7 and was placed in the top 1% of all participants across Australia.

Congratulations Nia and all Australian Geography Competition participants.

Mr Harwood

Geography Teacher



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Year 9 Peer Support

Last Thursday and Friday Year 9 Peer Support leaders underwent training in preparation of their very important role of easing Year 7 into secondary school life. They were coached in teamwork, leadership skills and basic care of young people. This was done through formal discussion and a range of fun challenges. The students were enthusiastic participants and stepped out of their comfort zone many times during the workshops. They conducted themselves with the maturity and good nature required in this role. They enjoyed lunch in the beautiful park area near Woonona Surf Beach.

We look forward to watching them put this training into action next year!

Mr Brent Milligan

SRC Coordinator



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Illawarra Workplace Learning VET Awards



On Monday the 11th November, Merryn Cupitt and Tam Le were invited to attend the Illawarra Workplace Learning VET Awards dinner. These two students were nominated for their excellence in Vocational Education and Training programs they undertook over Years 11 and 12.

Merryn was awarded the Illawarra VET Student of the Year in Hospitality (Food and Beverage) and a Certificate of Excellence in Hospitality (Food and Beverage).

Tam Le was awarded a Certificate of Excellence in Metals and Engineering. Due to this achievement Tam has gone on to accept an apprenticeship with Wollongong Toyota.

Ms Barbuto and Mr Bradley are very proud of these students achievements and dedication to their studies.

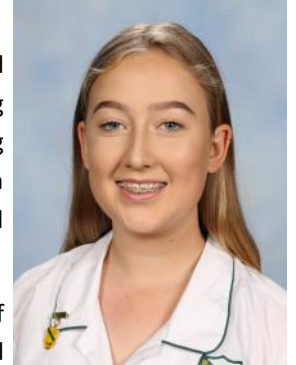


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Environmental Committee Annual Report

Woonona High Schools Environmental Committee established this year, have been working hard this year to implement a range of environmental initiatives. Their key initiative was aimed at reducing the amount of recyclable waste generated at Woonona High School from going into landfill. They achieved this by establishing a relationship with The Flagstaff Group and Return and Earn. To date the school has collected over 400 drink containers and donated the funds to The Flagstaff Group, who provide employment and training to members of the community with a disability.

One of the key members of the Environmental Committee, Tess Walsh, took part in the planning and organisation of the Collaborative Environmental Youth Summit held at the University of Wollongong in Term 4. The day long event was attended by senior students from all over the Illawarra, including Year 10 students from Woonona High. They attended a range of lectures and panel discussions on climate and environmental issues and a range of actions that individuals, organisations and governments can take to reduce the impact on the Illawarra.



During National Recycling Week, the Committee asked students and staff to consider the impact of waste on their own backyard by entering the Recycle Fest Photography Competition. Students and staff took photos of waste that was found in the natural environment. There were some creative entries and helped applicants to think about how they are disposing of waste. The winners will be announced Week 8 at Tuesdays assembly and photographs will be displayed at the HSIE staffroom.

A big thankyou to all students and staff who have been involved in the Environmental Committee this year. They have achieved great things and expect to see an even bigger year next year.... " As Margaret Mead said "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

Members of this great committee are: Alex Barden, Payton Brown, Amelia Elliot, Amelia Wiggins, Marley Larkin, Angus Martin, Eloise Walsh, Cameron Cleaves, Max Furlong, Grace Crittenden, Kate kitten, Paige Schofield, Lachlan Cosier, Beau Brown and teachers - Ms Trine Scott , Ms Carmen Mete, Tim Wilson, Ms Elizabeth Price, Cameron Reynolds, Michael Harwood, Ms S Arazny.

Pictured below are some of our Year 7 representatives Marley Larkin, Grace Crittenden, Eloise Walsh, Max Furlong, Cameron Cleaves and Angus Martin.



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Recycle Fest Photography Competition

Recently students entered the Recycle Fest Photography Competition. Congratulations to the following winners:

1st - Max Lynch

2nd Nia Fleury

3rd Asha Simpson

Highly Commended Scott Griffiths



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WHS Breakfast Club



The WHS "Breakfast Club" runs every school morning from 7.45am-8.30am in the Senior Quad area and all students are invited to attend for a free breakfast.

The foods on offer include fresh fruit, yoghurt, toast, smoothies, eggs and home made muffins. Periodically, bacon and egg sandwiches and pancakes are also on the menu.

A special thank you to Dal Proudfoot and the community volunteers who have continued to support the program on Tuesday and Thursday mornings.

Pictured here are our wonderful Hospitality students full of activity whipping up fresh pancakes for the "Brekky" Club, whilst others have been busy at the BBQ cooking bacon and eggs to be served to our hungry students.

A great effort which is much appreciated!

Mr Simon Radford

HT Wellbeing



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Victor Chang Award

Congratulations to Ben Cracknell and Harrison Dabin in Year 11 for receiving the Victor Chang award for 2019. The Victor Chang School Science Awards were developed to foster and encourage an interest in science among secondary school students, with the aim of promoting careers in science as a viable and interesting career path.



School Gymnasium



There has been an amazing transformation in the school gym in recent months.

The gym has been re-floored, re-painted and has several new pieces of specialised gym equipment. It truly looks and functions as a professional gym. Gym classes run before school everyday between 7:30 and 8:15am, and all students are welcome to attend. If you are interested please see Mr Radford in the Wellbeing office.

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Year 10 Pasta Making

Snapped last week was the Year 10 Food Technology class perfecting their pasta making skills! Looking pretty good!



Congratulations Darby!



Year 9 student Darby Walsh has just been selected into the National Indigenous Open Women's soccer team.

This is an amazing achievement by Darby, congratulations!!



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Canteen Price List



WOONONA HIGH SCHOOL CANTEEN MENU 2019



SANDWICHES & ROLLS

(Available Wholemeal, White, Multigrain or Gluten Free)

Vegetemite	\$1.00
Cheese	\$1.50
Cheese & Tomato	\$2.00
Egg	\$2.00
Egg, Lettuce & Mayo	\$3.00
Ham	\$2.00
Ham & Salad	\$4.00
Ham, Cheese & Tomato	\$3.00
Chicken	\$2.00
Chicken & Salad	\$4.00
Chicken, Lettuce & Mayo	\$4.00
Salad	\$3.50
Tuna	\$1.50
Tuna Salad	\$4.00

HOT FOOD

Garlic Bread	\$1.00
Sausage Roll	\$2.50
Meat Pie	\$3.00
Ricotta & Spinach Roll	\$2.50
Mashed Potato & Gravy	\$2.00
Baked Potato	\$2.00
Toasted Cheese Sandwich	\$1.50
Toasted Ham & Cheese Sandwich	\$2.00
Hashbrown	\$1.00
Cheese Roll	\$1.00
Assorted Curries	\$4.50
Margarita Pizza	\$2.00
Ham & Cheese Pizza	\$2.00
Chicken Pizza	\$2.00
Vegetarian Pizza	\$2.00
Meatball Sub	\$3.00

SNACKS

Fresh Fruit	\$1.00
Watermelon Wedge	\$1.00
Fruit Salad	\$2.00
Yoghurt & Fresh Fruit	\$2.00
Plain Yoghurt	\$1.00
Cheese & Crackers	\$2.00
Rice Crackers	\$1.00
Popcorn	\$1.00
Assorted Cookies	70c
Assorted Slices/Muffins	\$1.00
Banana Bread	\$1.00
Scone	50c

BURGERS

(Gluten Free Available)

Cheeseburger	\$4.50
Hamburger	\$4.50
Chicken Burger	\$4.50
Schnitzel Burger (Air-fried)	\$4.50
Vegetarian Burger	\$4.50

SALAD TUBS

Fruit Salad	\$2.00
Chicken Caesar Salad	\$4.00
Garden Salad	\$3.50
Cheese Salad	\$4.00
Egg Salad	\$4.00
Tuna Salad	\$4.00

DRINKS

(Soy and Almond Milk Available)

Water	\$2.00
Assorted Milkshakes	\$2.00
Moove Milks 300ml	\$2.50
Moove Milks 500ml	\$4.50
Plain Milk 250ml	\$1.50
Assorted Up & Go's 250ml	\$2.00
Assorted Poppers	\$1.00
Waterford Mineral Water	\$2.50

TURKISH BREADS

(Gluten Free Available)

Ham, Cheese, & Tomato	\$4.00
Chicken & Mustard	\$4.00
Chicken & Mayo	\$4.00
Vegetarian	\$3.50

FROZEN SNACKS

Quelchsticks	50c
Frozen Fruit Cup	\$1.00

**PRICES ARE SUBJECT TO
CHANGE WITHOUT NOTICE**

EFTPOS NOW AVAILABLE



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Term 1, 2020 Calendar

Date Title

3/02/2020	UOW Discovery Day (Year 12)
7/02/2020	School Swimming Carnival (Corrimal Pool)
21/02/2020	STAGE 6 Assembly - HSC Achievement & SRC Induction Ceremony
24/02/2020	Year 7 Meet & Greet Afternoon
10/03/2020	Year 7 Immunisation
17/03/2020	Area Swimming carnival
19/03/2020	Big Day In UTS Technology Conference
25/03/2020	Cross Country
6/04/2020	CHS Swimming
7/04/2020	CHS Swimming
8/04/2020	CHS Swimming

REUSE IT
bring your own #byob

BRING IT
refill using your own
drink bottle #byob

THIRSTY? CHOOSE WATER!
choosewater.com.au

NSW Health

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Disabled Surfers South Coast Presents

Thirroul Beach 'Smiles on Dials Day'

Saturday 7th December 2019

Meet at Thirroul Beach, Just south of the pool



Check-in no later than 9.30am - Group-care facility participants limit of 6 per facility

A fun day surfing experience for any person with a disability, no matter how challenging, with complete water supervision.

Registration for Participants is \$10 and all **participants** receive a bag of goodies, Thanks to the local participating surf shops and businesses.

Free registration for Volunteer Helpers and for giving up your time you will receive **FREE** Sausage Sizzle on the day.

check out the video on Face Book!

<https://www.facebook.com/disabledsurfersassociationsouthcoast>

Or for more information and who to contact view

disabledsurfers.org/nsw/south-coast-branch or www.disabledsurfers.org



See you there putting
"Smiles on dials"



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Register on the WCA website to keep up to date and come along to Wollongong's first official competition in February 2020. Date to be announced shortly on the website.

<https://www.worldcubeassociation.org>



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BULLI

SCHOOL HOLIDAYS JANUARY 2020

TIMES: 9AM - 3PM - COST: \$45PP

DATE	WORKSHOP 1	AGES	WORKSHOP 2	AGES	WORKSHOP 3	AGES
MON 6 JAN	PARKOUR	5 - 12 yrs	ARTS AND CRAFTS	5 - 12 yrs	FOOD ARTS AND CRAFTS	5 - 12 yrs
TUE 7 JAN	BASKETBALL	5 - 12 yrs	AFL DRILLS	5 - 12 yrs	SOCCER DRILLS	5 - 12 yrs
WED 8 JAN	PARKOUR	5 - 12 yrs	CREATIVE KIDS - SLIME MAKING	5 - 12 yrs	AUSTRALIA DAY ARTS AND CRAFTS	5 - 12 yrs
THU 9 JAN	OBSTACLE COURSE	5 - 12 yrs	LEGO BUILDING	5 - 12 yrs	BOXING	5 - 12 yrs
MON 13 JAN	BASKETBALL	5 - 12 yrs	BOXING	5 - 12 yrs	TAG SPORTS	5 - 12 yrs
TUE 14 JAN	GYMNASTIC	5 - 12 yrs	DANCE	5 - 12 yrs	JEWELLERY MAKING	5 - 12 yrs
WED 15 JAN	CIRCUS	5 - 12 yrs	YOGA	5 - 12 yrs	FOOD ARTS AND CRAFTS	5 - 12 yrs
THU 16 JAN	PARKOUR	5 - 12 yrs	BUBBLE MAKING	5 - 12 yrs	AUSTRALIA DAY ARTS AND CRAFTS	5 - 12 yrs
MON 20 JAN	OBSTACLE COURSE	5 - 12 yrs	MMA	5 - 12 yrs	ARTS AND CRAFTS	5 - 12 yrs
TUE 21 JAN	GYMNASTIC	5 - 12 yrs	ARCHITECTURE	5 - 12 yrs	FOOD ARTS AND CRAFTS	5 - 12 yrs
WED 22 JAN	BASKETBALL	5 - 12 yrs	TAEKWONDO	5 - 12 yrs	VOLLEY BALL	5 - 12 yrs
THU 23 JAN	GYMNASTIC	5 - 12 yrs	RUNNING GAMES	5 - 12 yrs	DANCE ACRO	5 - 12 yrs

- RECESS AND LUNCH NOT PROVIDED -

All participants **MUST** be members of PCYC. Become a member **NOW** for only **\$10** per child, per year. Join online at www.pycnsw.org.au/membership



POLICE CITIZENS
YOUTH CLUBS NSW

253 Princes Highway, Bulli | P: (02) 4284 3878 | E: bulli@pcynsw.org.au | pcynsw.org.au



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REGISTER NOW FOR THE NDTJ AFC

TIGERS

1 1 FEB 20

ACADEMY

0 7 MAR 20

4 WEEK FREE AFL TRAINING PROGRAM
ACCREDITED COACHING & DEVELOPMENT

The Northern Districts Junior Tigers AFL Club is hosting its annual Tigers Academy in Term 1 2020. The Academy will run for 4 weeks on Tuesday and Thursday from 11 Feb 20 - 7 Mar 20 5pm to 6.15pm at Holy Spirit College and Hollymount Park Woonona. The academy is open to males and females, ages 5 to 17 years old and skill level beginners to experienced. The program is run by the Illawarra Sydney Swans Academy Coach, Leigh Forsyth, with accredited junior and senior coaches.

The aim of the Academy is provide an opportunity for new players from local community to come and try AFL and to assist current players refresh and develop skills preseason leading into club training. Cost - FREE

RECRUITING CALL OUT TO ALL GIRLS. THE TIGERS WILL HAVE 4 FEMALE TEAMS COMPETING IN 2020 U10G/U11G (NEW), U12G/U13G, U14G/U15G & U17G. COME AND JOIN THE TIGRESSES' TERRITORY.

To register for the Academy please email ndtjafcsecretary@gmail.com with full name, date of birth, email and mobile. For any enquiries please contact Kathy Turner NDTJ AFC (Tigers) Secretary 0435282616.



Bring a Buddy
Get Ready To Roar



northerndistrictjuniortigers@gmail.com



www.ndafc.com



www.facebook.com/ndtjafc



[#northerndistrictstigers](https://www.instagram.com/northerndistrictstigers)

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11 days Madikwe-Sun City-Cape Town Safari for a Family of Four (4*)

An affordable way to give the family a holiday to remember, view sensational wildlife in the MALARIA FREE Madikwe Game Reserve, be mesmerised by the entertainment at Sun City and experience the sights and sounds of glorious Cape Town on this sensational Family safari.

Dates and prices

1 Jan – 31 Mar 2020 from \$17,350

1 Apr – 30 Sep 2020 from \$16,550

1 Oct – 30 Nov 2020 from \$18,150

Price Includes:

Return airfare ex Australia to Johannesburg, including taxes for a min. of 4 (2 adults + 2 children under the age of 12 sharing)

9 night Superior Class accommodation

All transfers

Breakfast daily

All meals & safari activities in Madikwe

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